

# CURSO DE VMNI

## NIPPON 2026



### Modos ventilatórios e ajuste de parâmetros de VMNI



João Carlos Winck  
*Professor Catedrático Convidado  
FMUP*



# Introduction

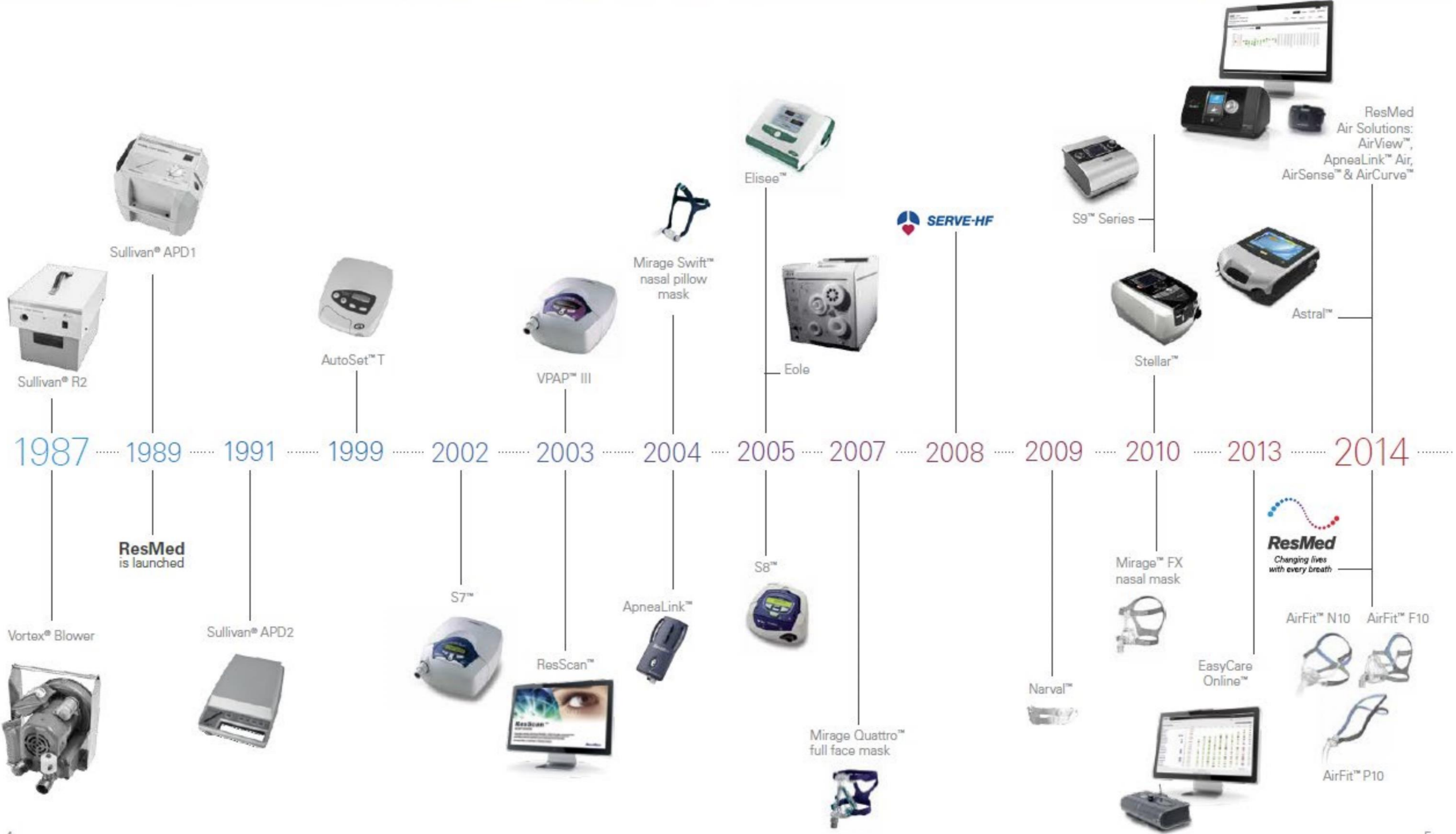
## AIMS

### Introduction

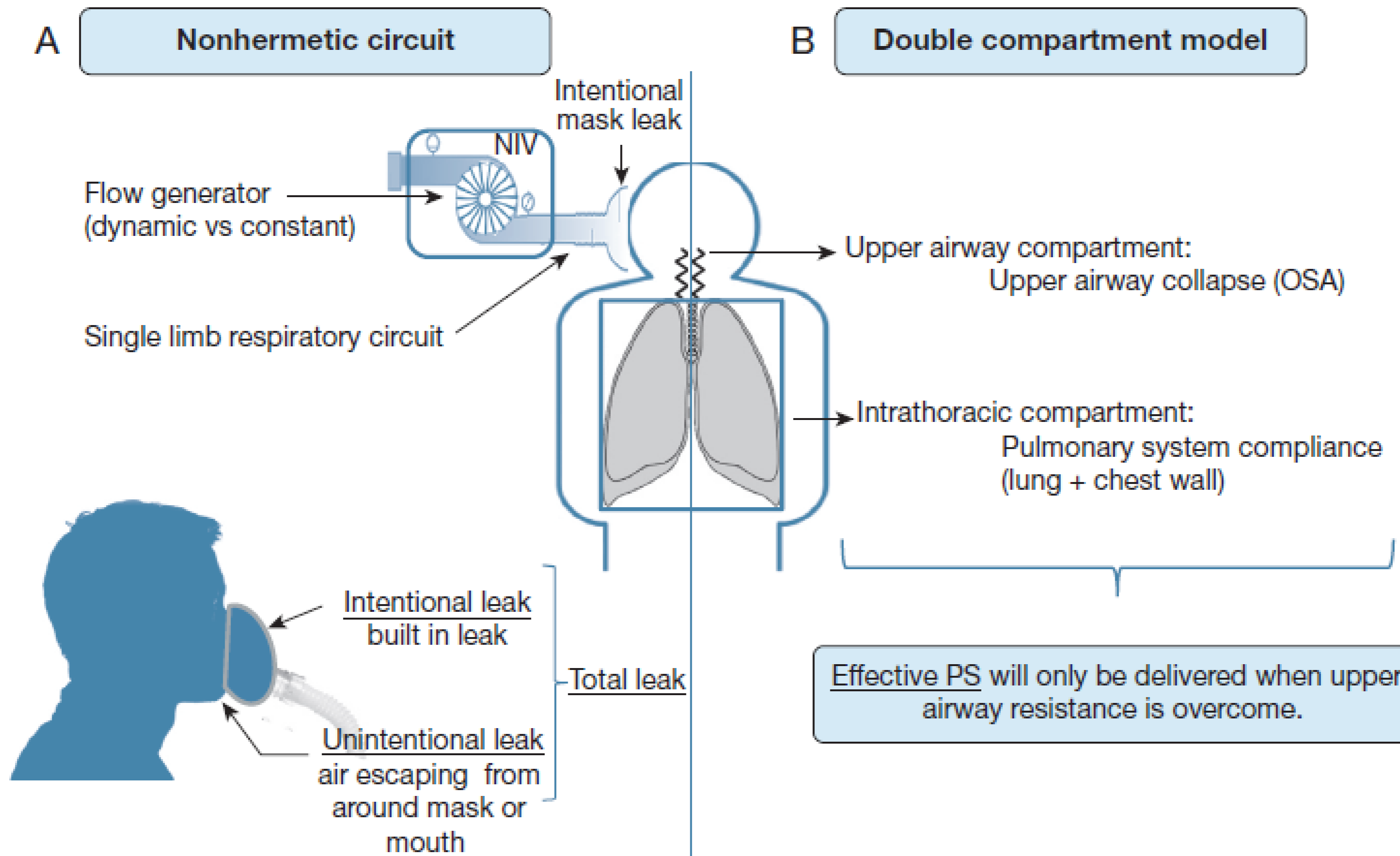
To distinguish the different modes of mechanical ventilation

To identify the different phases of mechanical ventilation  
and asynchronies

To choose the ideal ventilator for Longterm Mechanical Ventilation



## Ventilator-lung system in NIV



**CHEST 2018; 153(1):251-265**

# THE MAIN MODES OF MECHANICAL VENTILATION

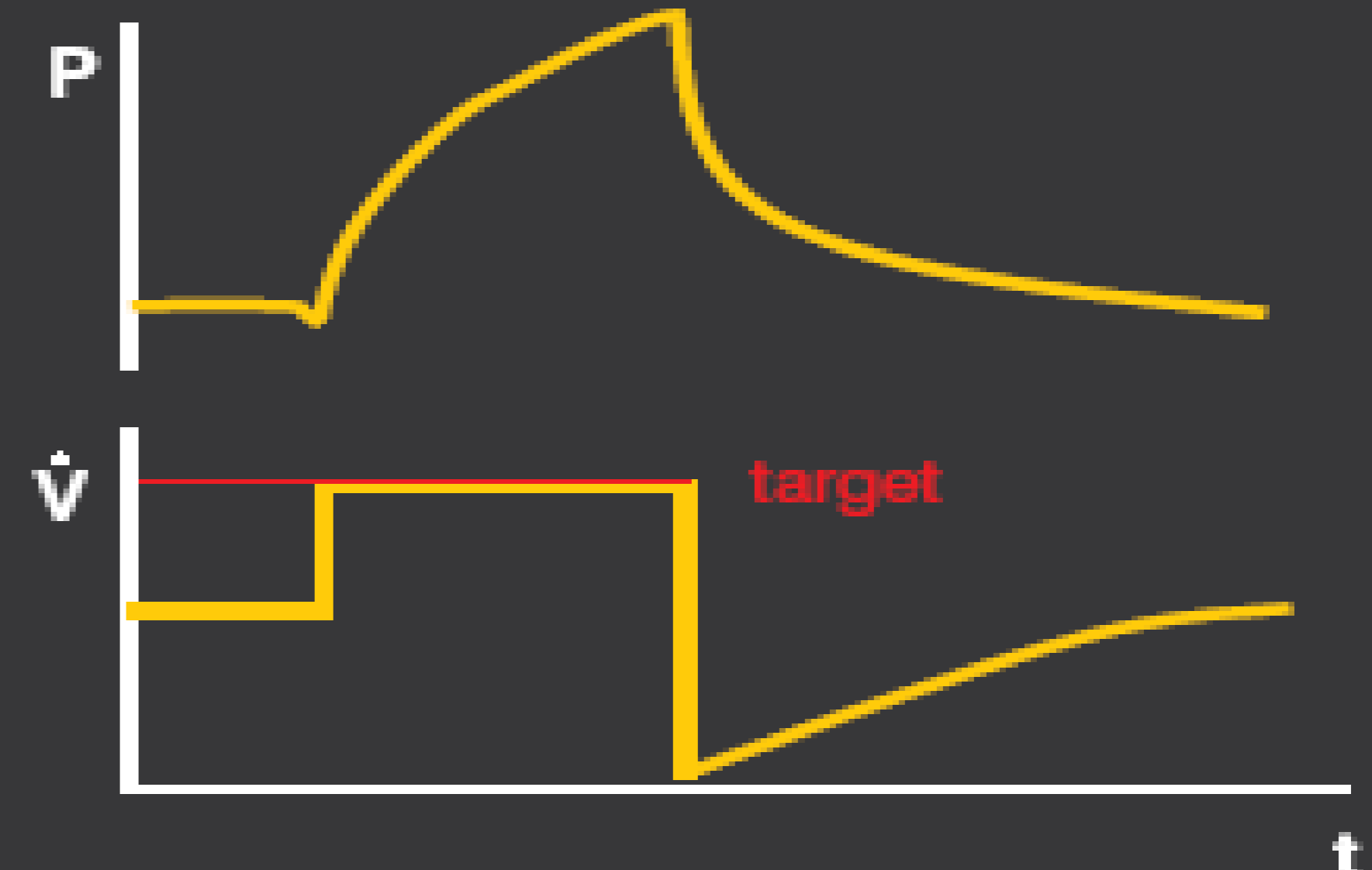
## Pressure-targeted

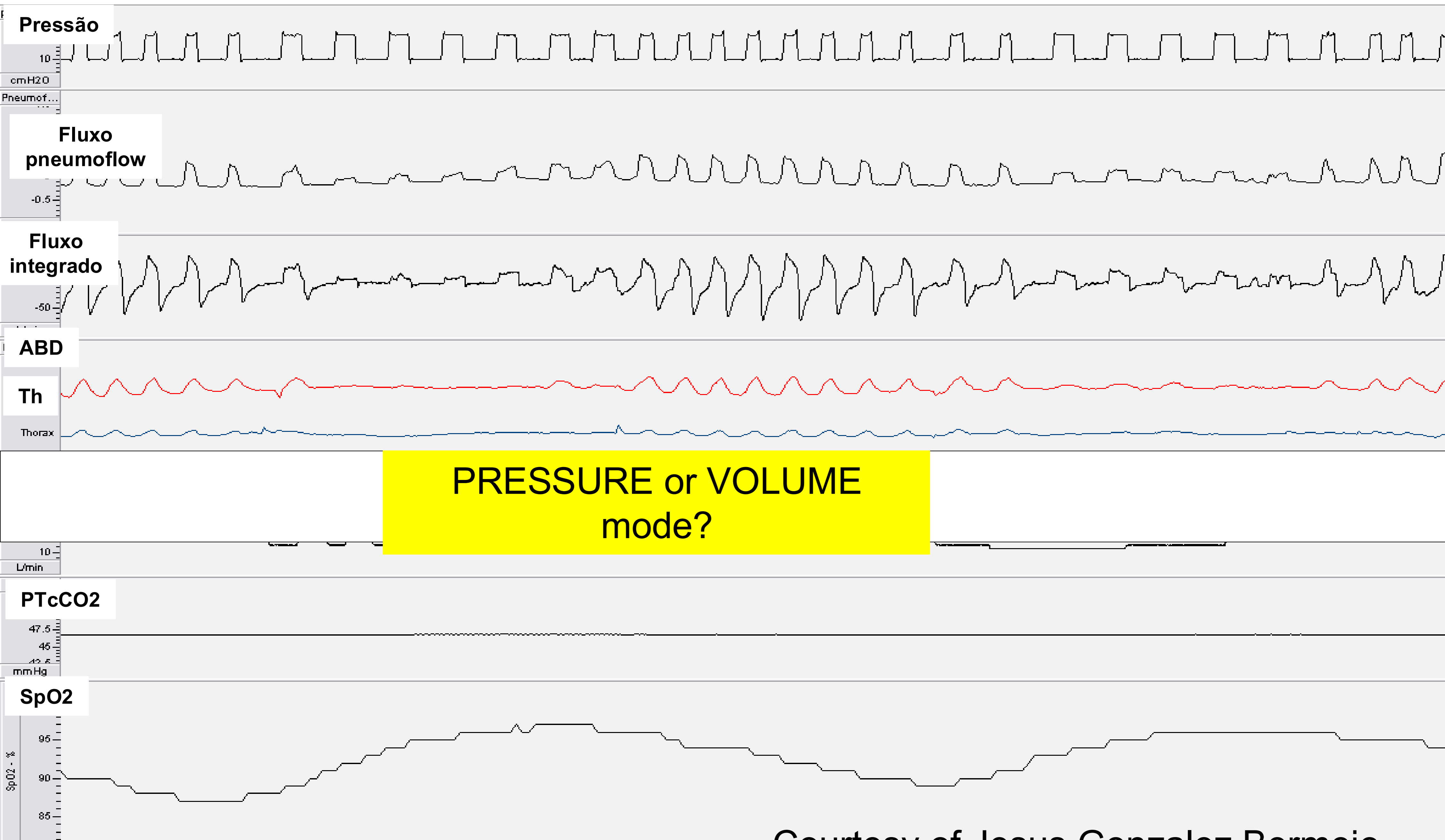
(pressure is targeted during inspiration)



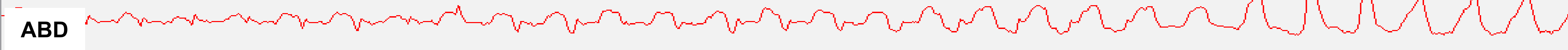
## Volume-targeted

(flow/volume is targeted during inspiration)

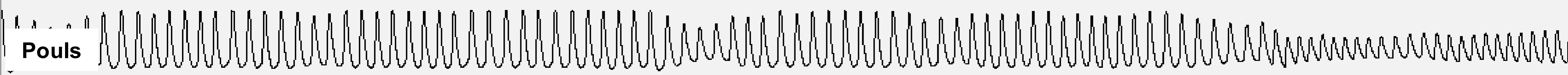




Courtesy of Jesus Gonzalez Bermejo



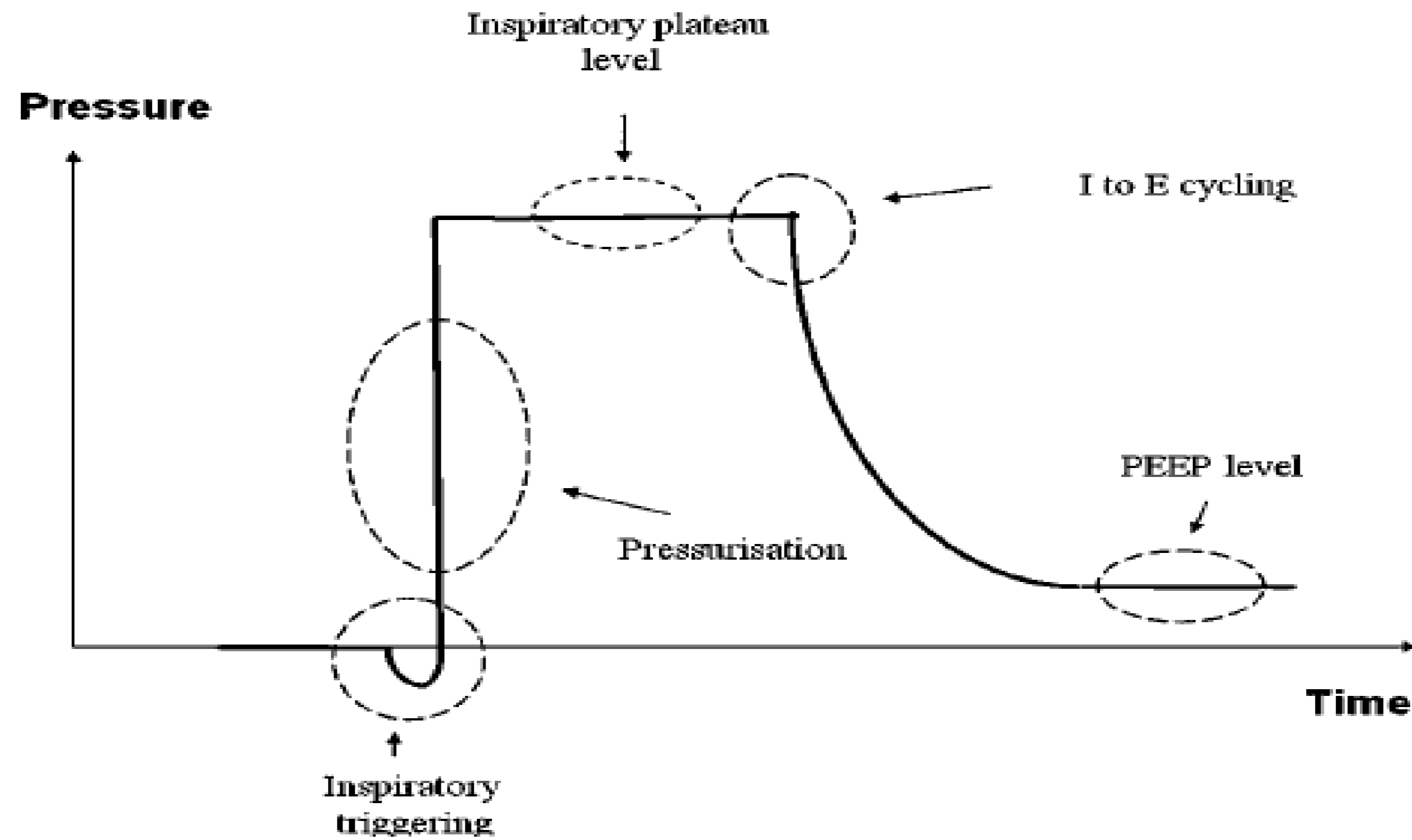
**PRESSURE or VOLUME  
mode?**



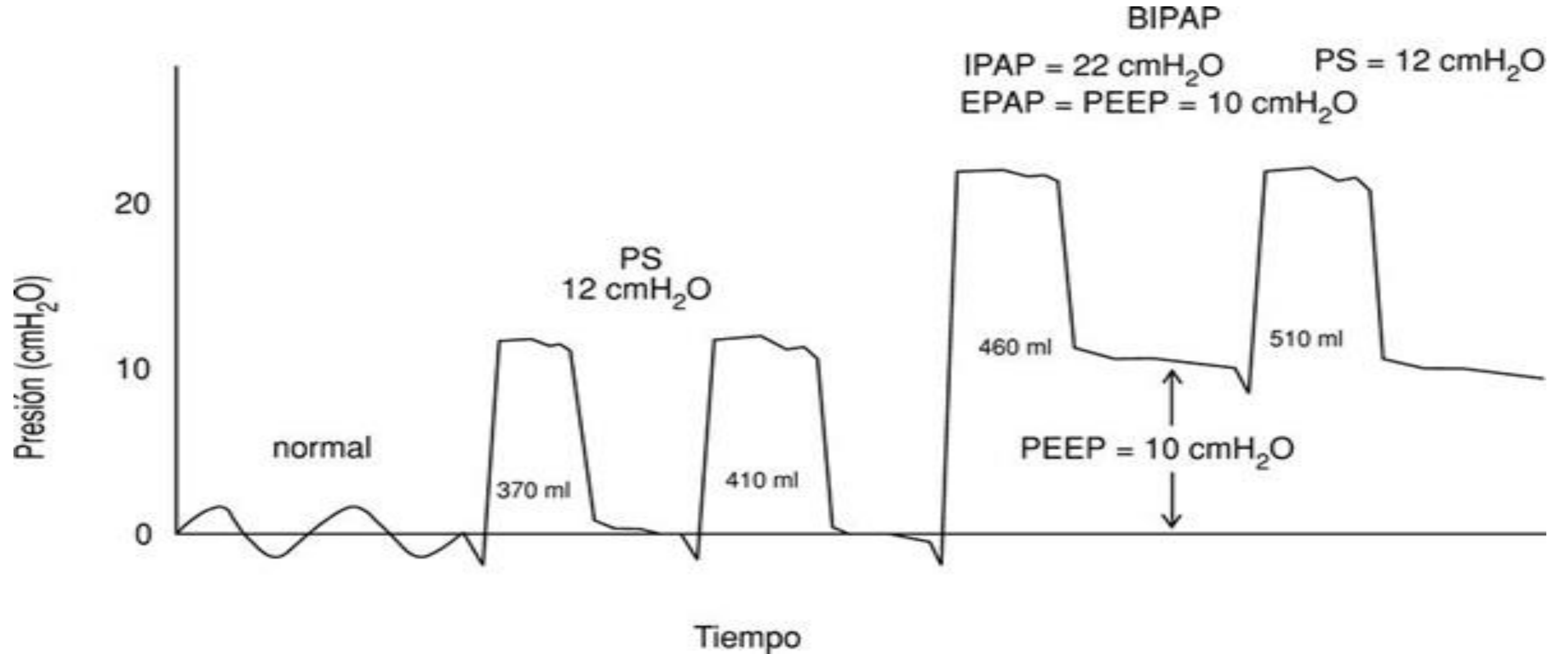
Courtesy of Jesus Gonzalez Bermejo

Pressure targeted mode

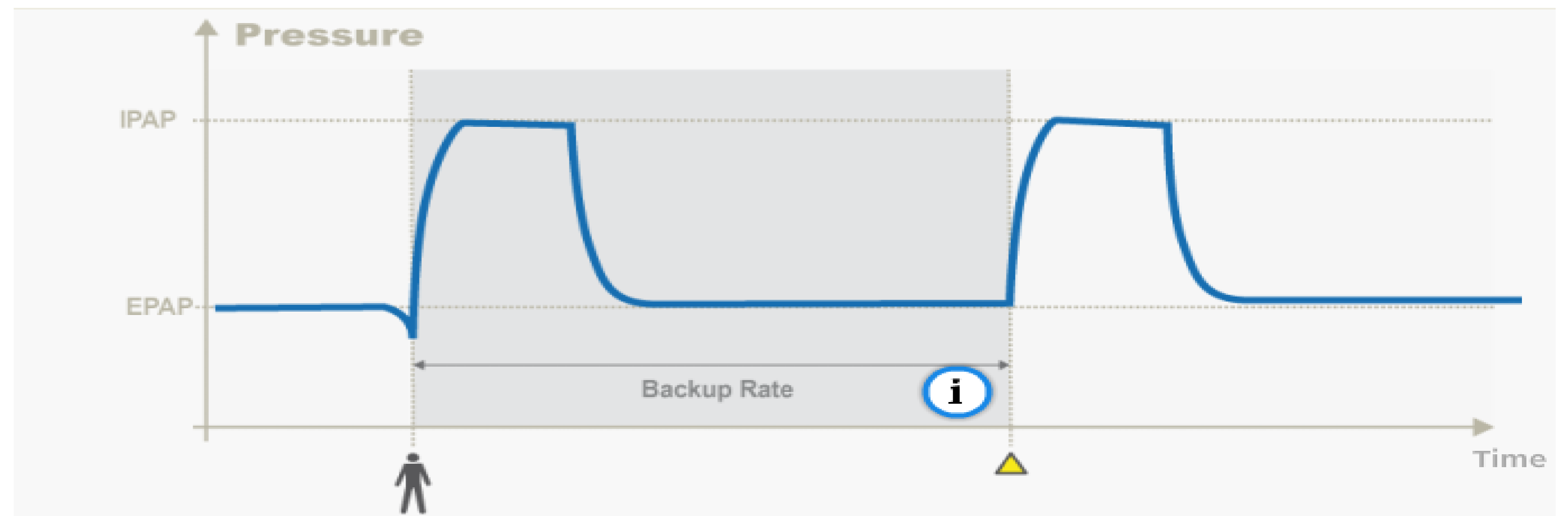
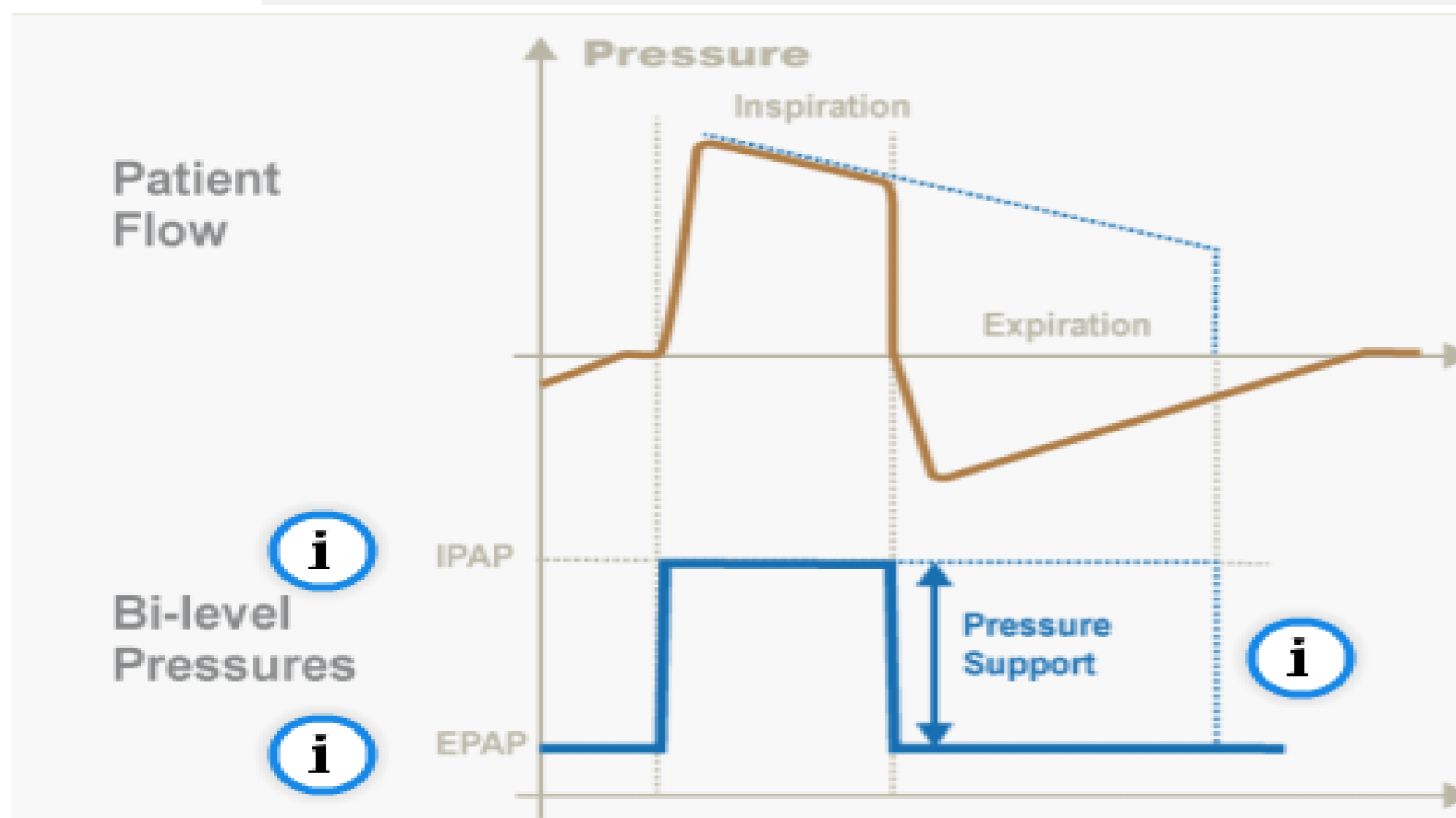
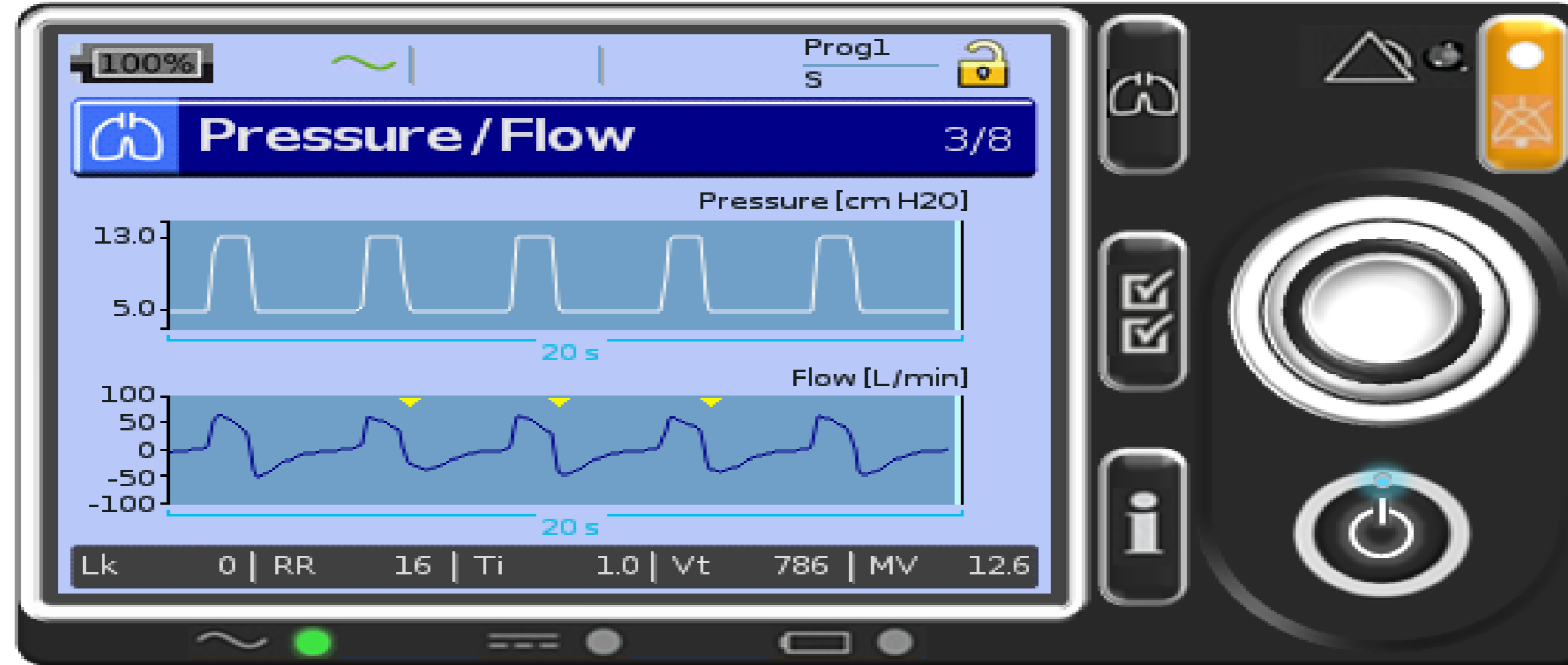
# The ventilatory cycle

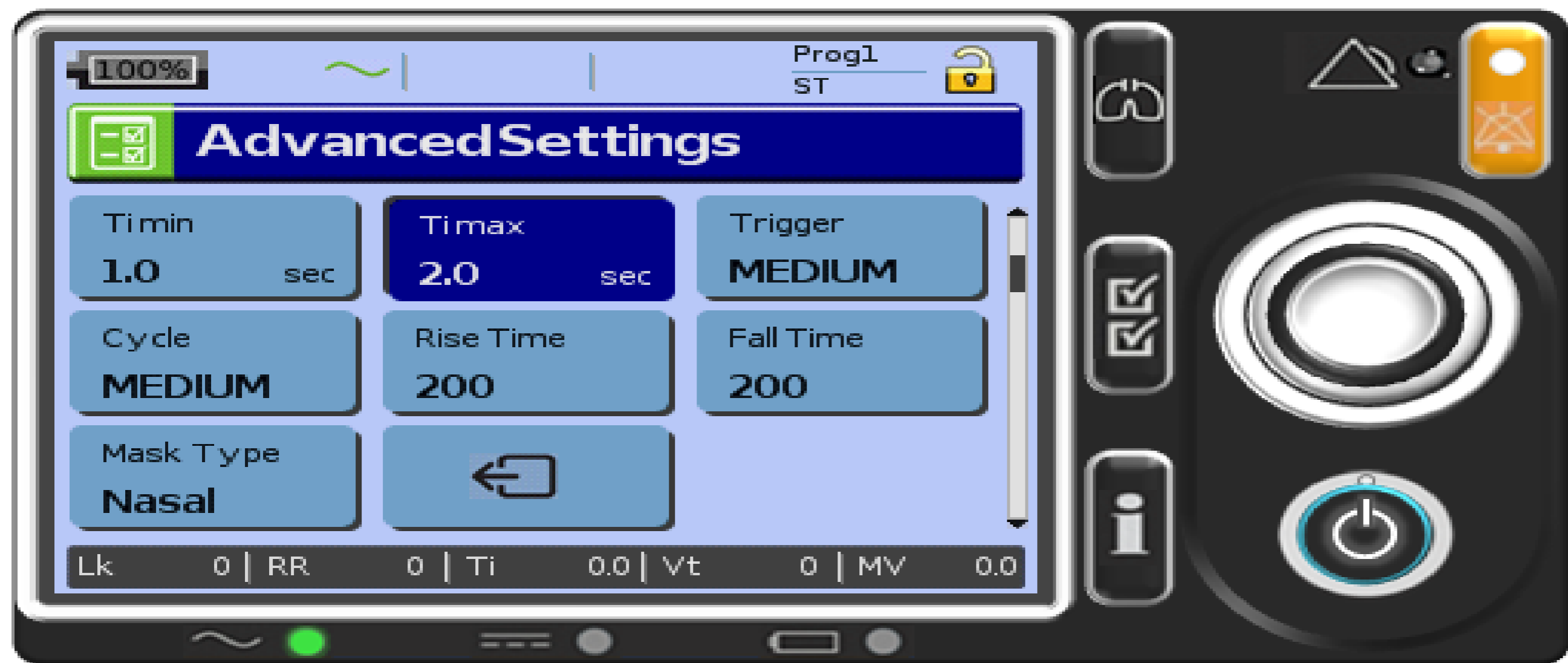


# Bilevel positive airway pressure vs PSV



# What to set during bilevel PAP

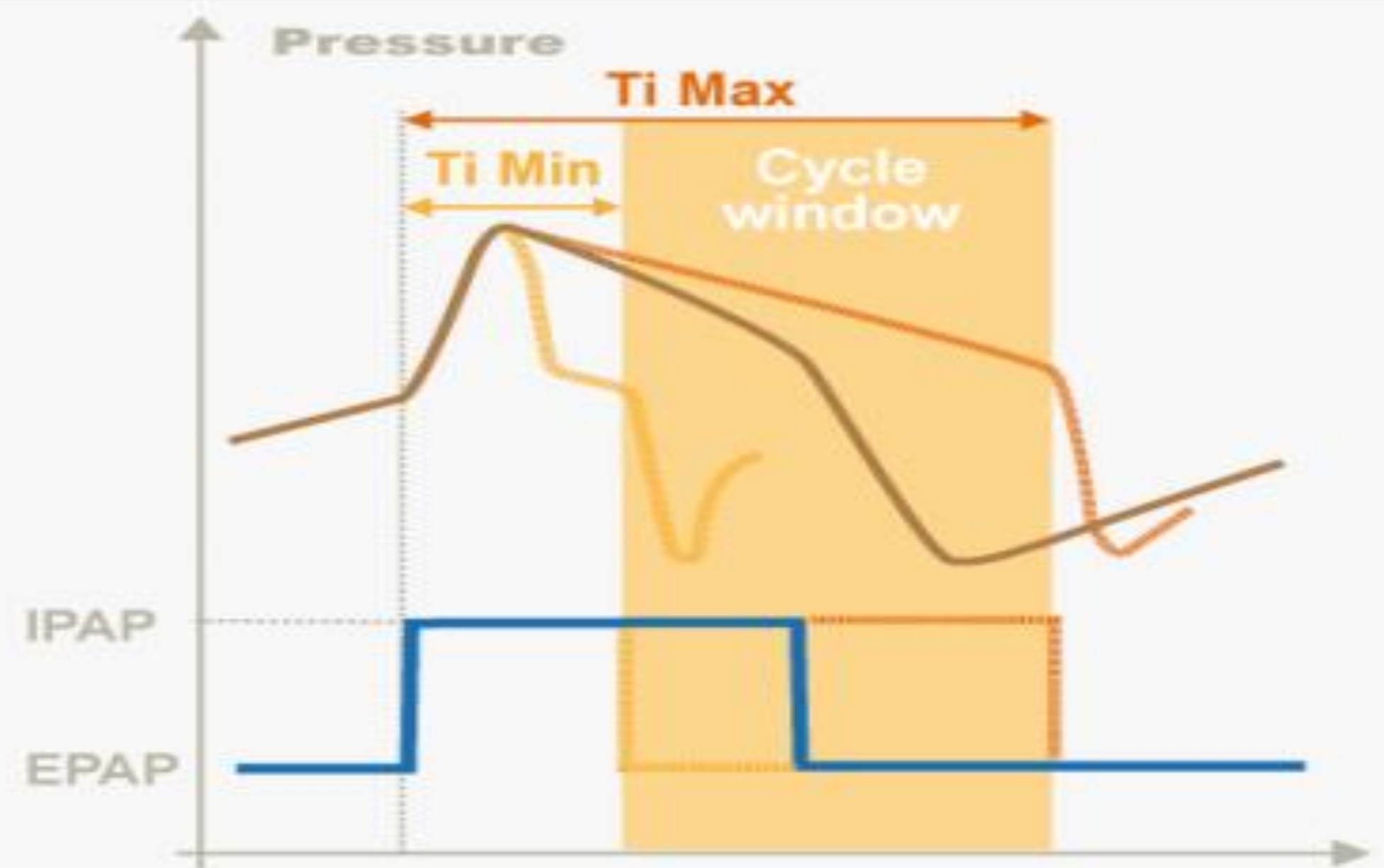




**Ti Min** - minimum inspiratory time  
**Ti Max** - maximum inspiratory time

Patient  
Flow

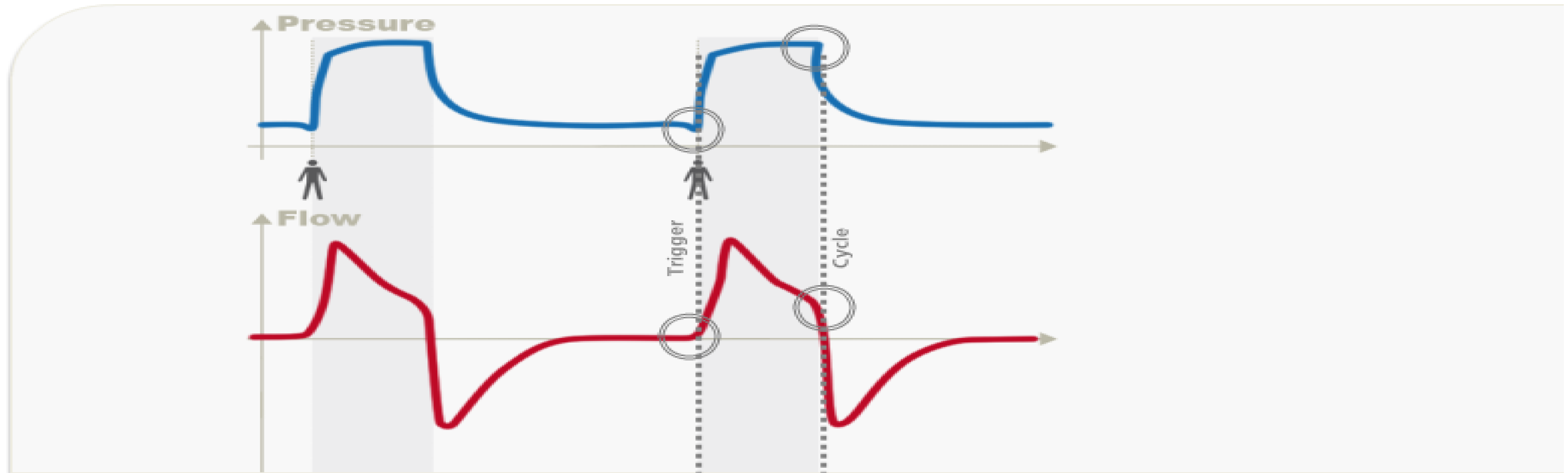
Pressure



**Trigger - when the ventilator initiates IPAP**  
**Cycle - when the ventilator initiates EPAP**

In pressure support ventilation, during spontaneous breathing, the ventilator **triggers** (initiates IPAP) as an **increase in patient flow**.

The ventilator **cycles** (terminates IPAP and changes to EPAP) as it senses a **decrease in patient flow**.



## Trigger sensitivity

**Higher trigger sensitivity** result in less flow required to trigger to IPAP and may be required for patients who are not able to generate sufficient flow to trigger the ventilator.

**Lower trigger sensitivity** result in more flow required to trigger to IPAP and may be useful for patients who are prone to auto-triggering, for example in situations of high unintentional leak.



**Very High sensitivity** *Easy to trigger (requires less flow)*

**High sensitivity** *Sensitive*

**Med sensitivity** *Default*

**Low sensitivity** *Less sensitive*

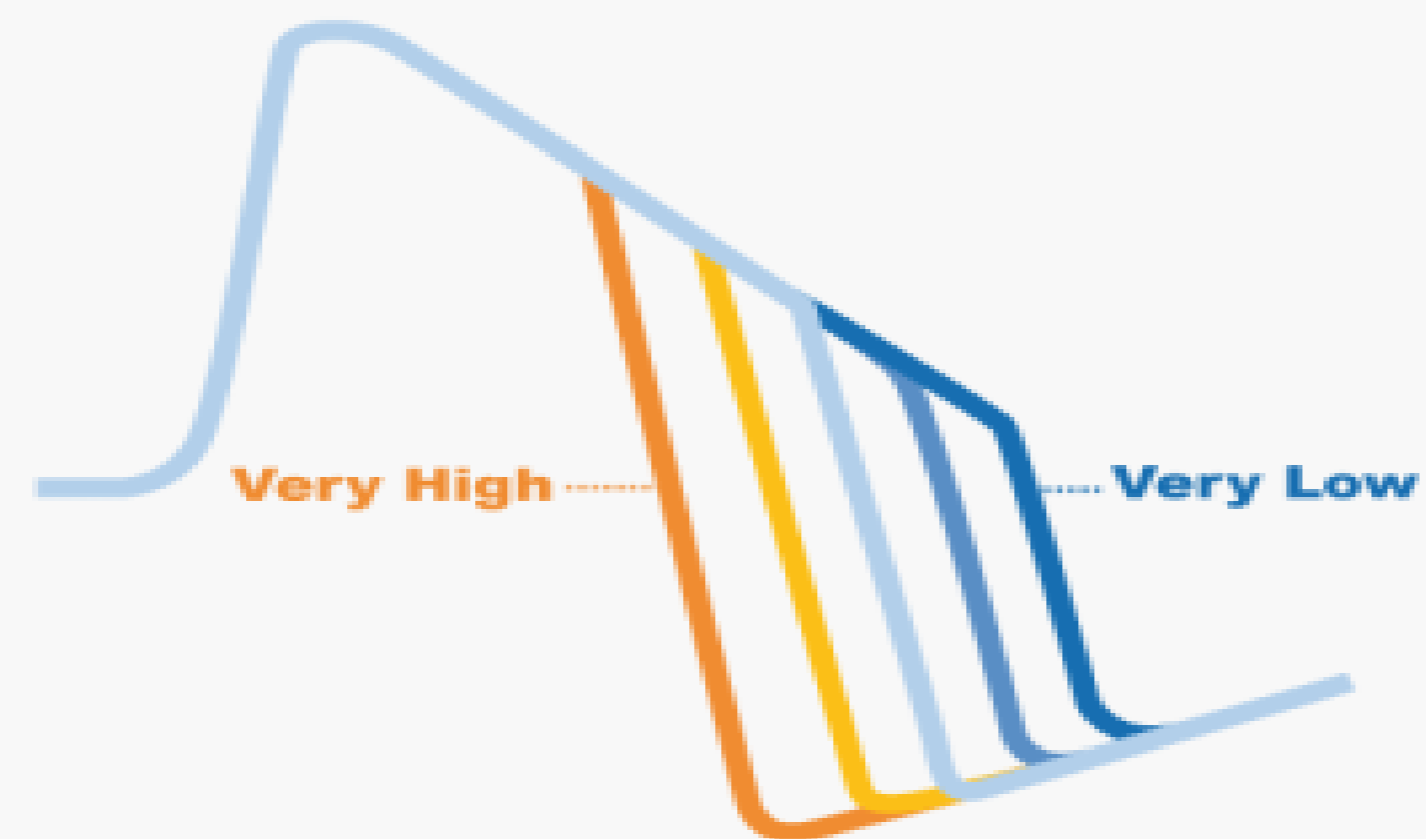
**Very Low sensitivity** *Hard to trigger (requires more flow)*

**Trigger sensitivity:** determines how much inspiratory flow is required before the ventilator moves from EPAP to IPAP.

## Cycle sensitivity

**Higher cycle sensitivity** will result in a shorter inspiratory time which may be helpful in patients with obstructive lung disease.

**Lower cycle sensitivity** will result in a longer inspiratory time which may be helpful in patients with restrictive lung disease who might otherwise be prone to premature cycling.



**Very High sensitivity**    *Easy to cycle*    50% of peak flow

**High sensitivity**    *Sensitive*    35% of peak flow

**Med sensitivity**    *Default*    25% of peak flow

**Low sensitivity**    *Less sensitive*    15% of peak flow

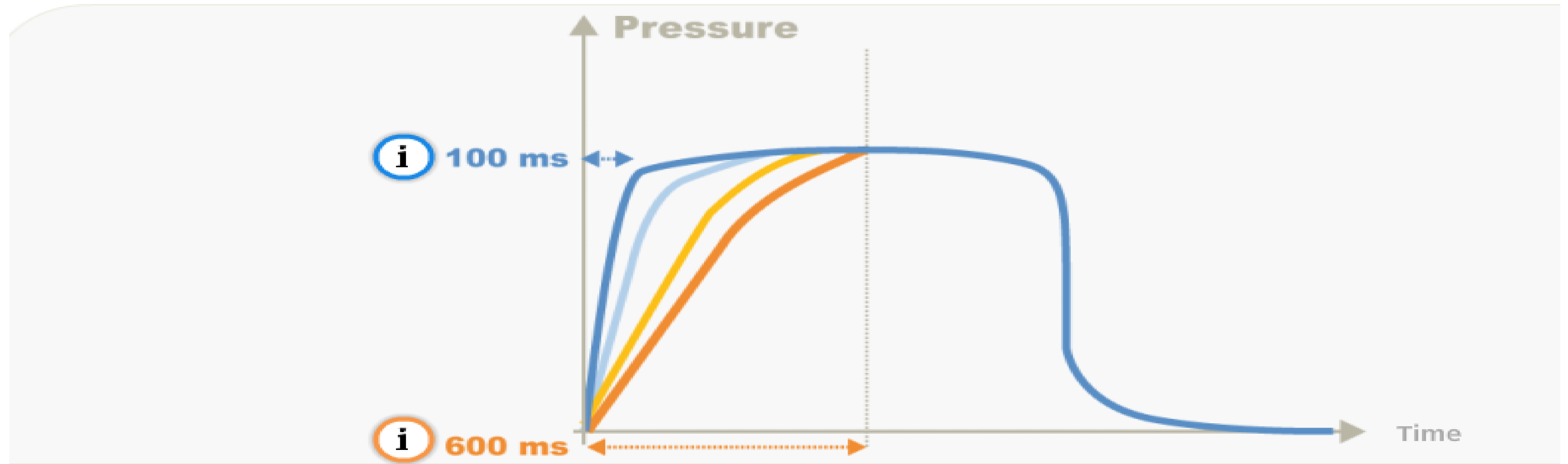
**Very Low sensitivity**    *Hard to cycle*    8% of peak flow

**Cycle sensitivity:** determines the percentage of peak inspiratory flow required before the ventilator moves from IPAP to EPAP.

## Rise time

The rise time setting alters the inspiratory flow rate. Click on each button to understand how.

The **shorter the rise time**, the higher the flow rate and the **quicker the ventilator reaches the IPAP setting**. The **longer the rise time**, the slower the flow rate and the **longer the ventilator will take to reach IPAP**.

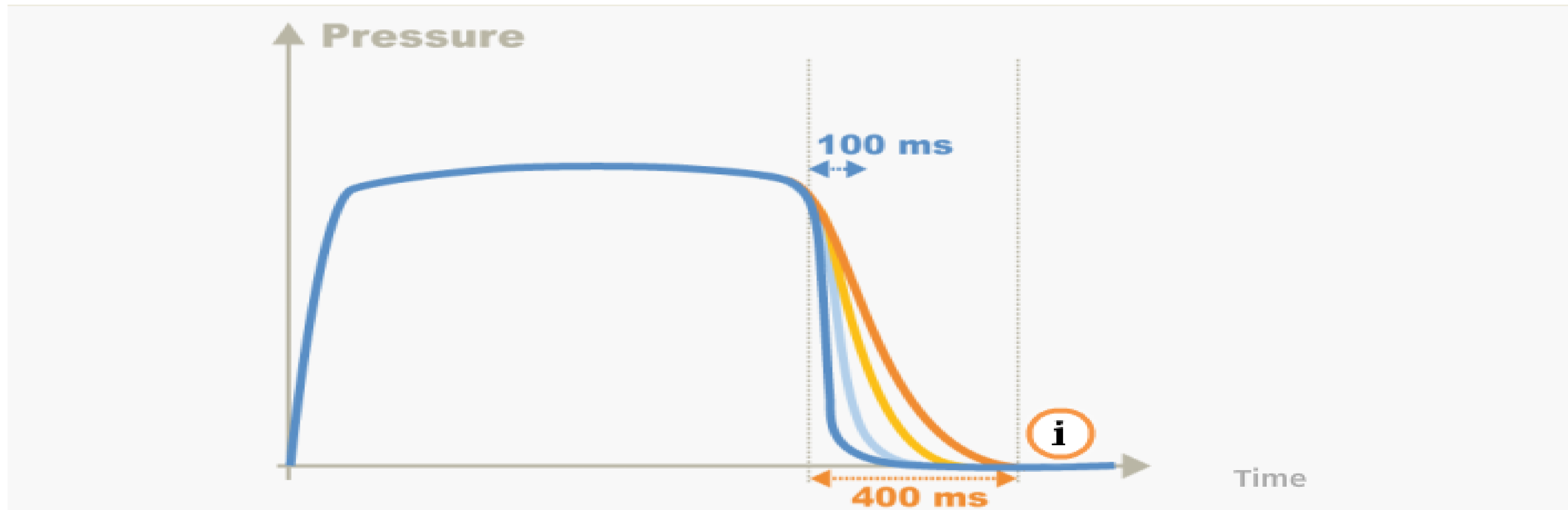


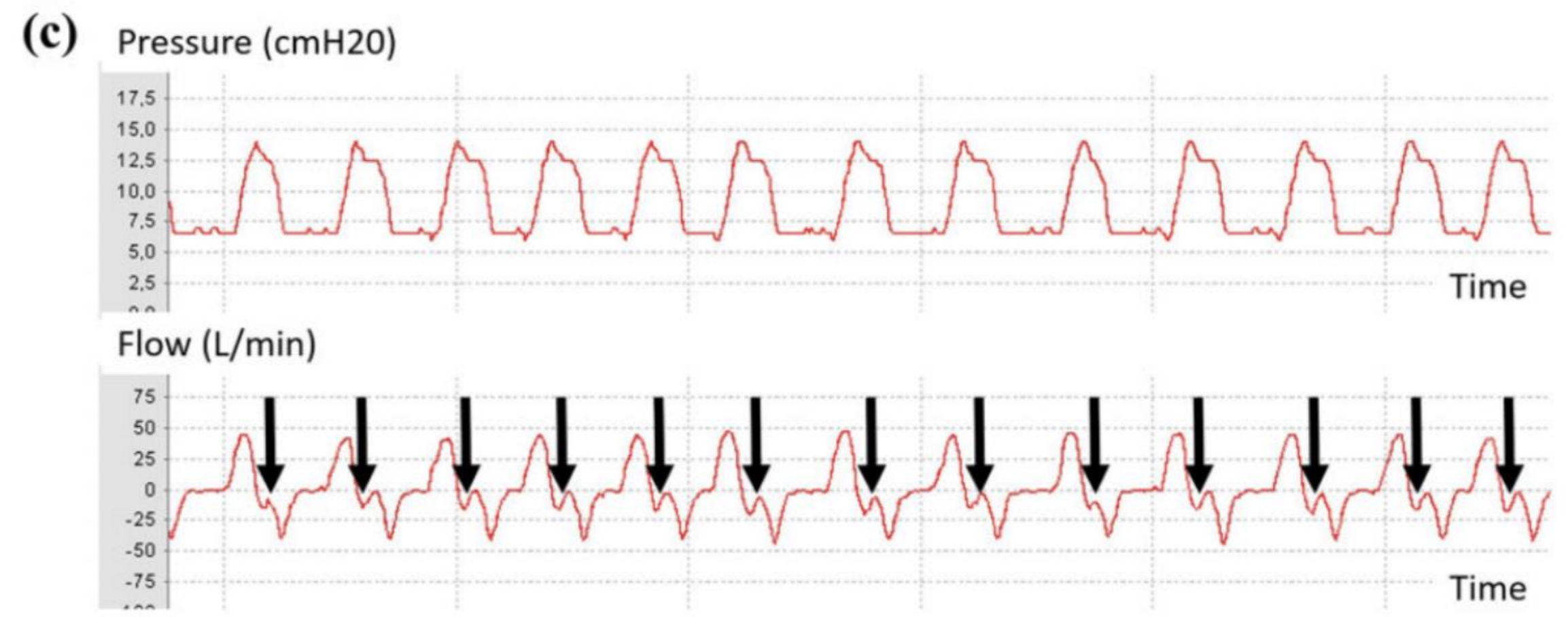
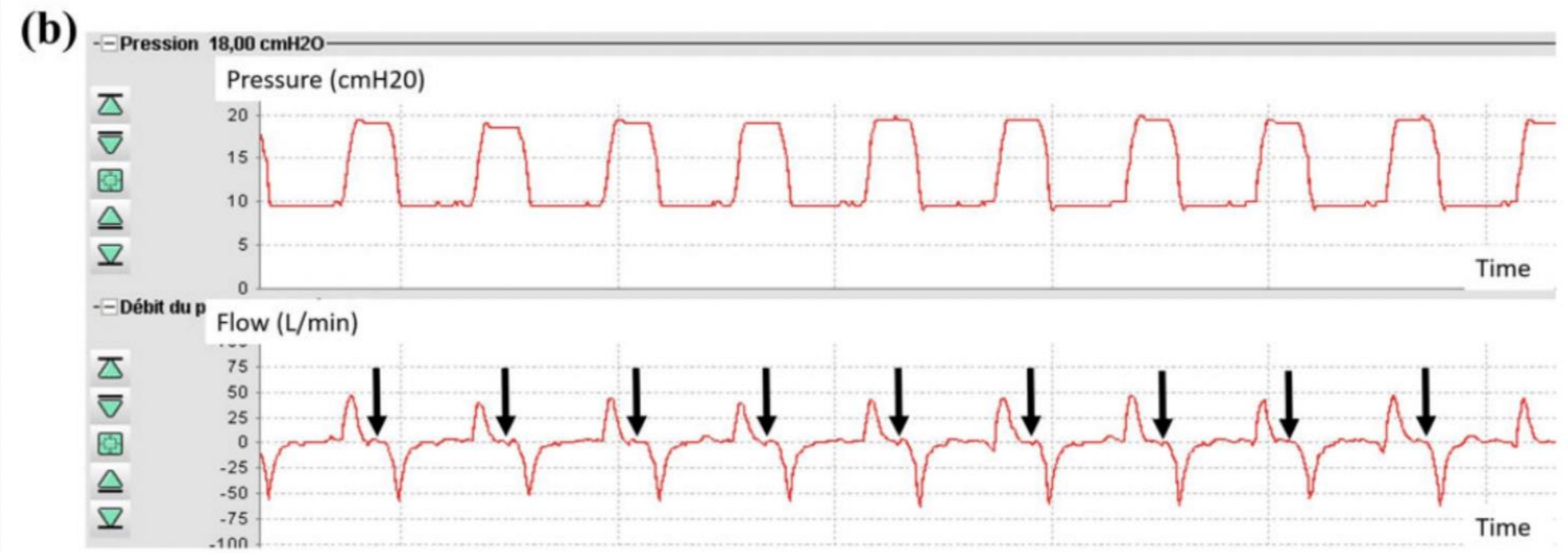
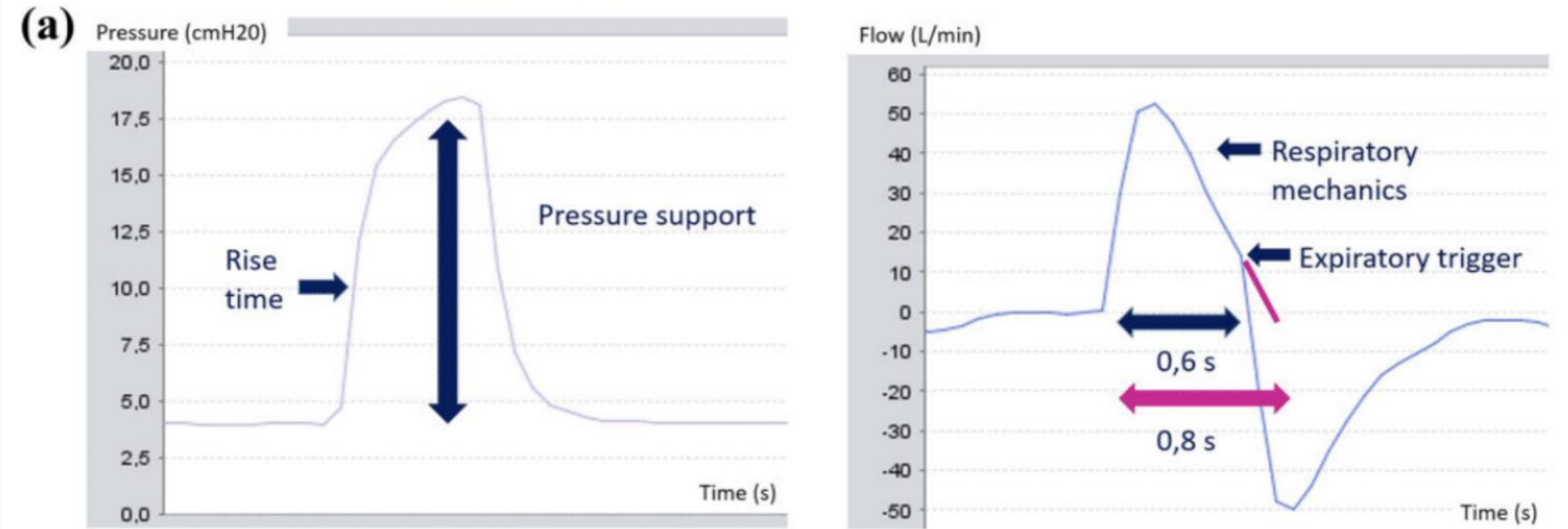
## Fall time

The fall time setting alters the time taken for the ventilator to transition from IPAP to EPAP.

The shorter the fall time, the quicker the ventilator pressure decreases.

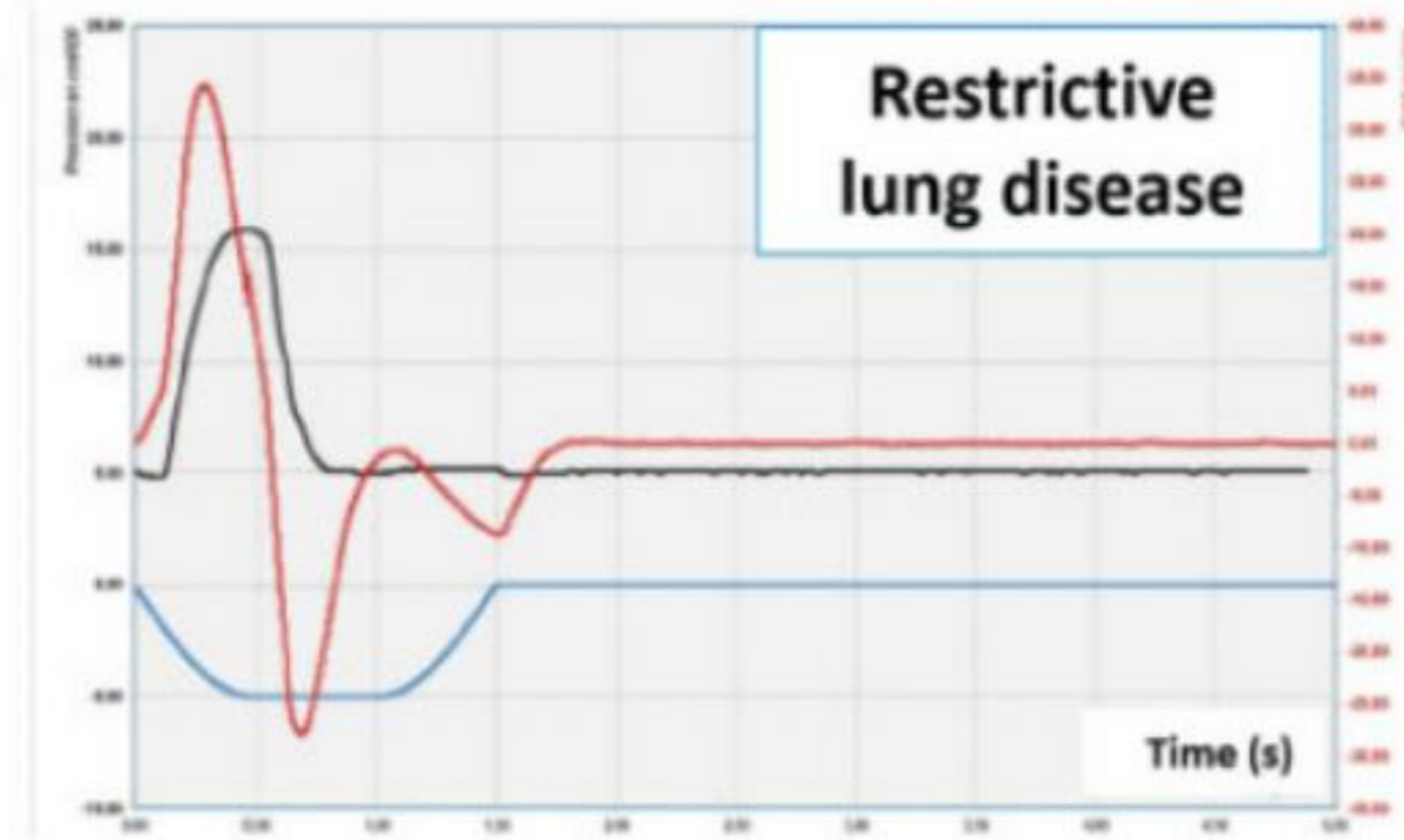
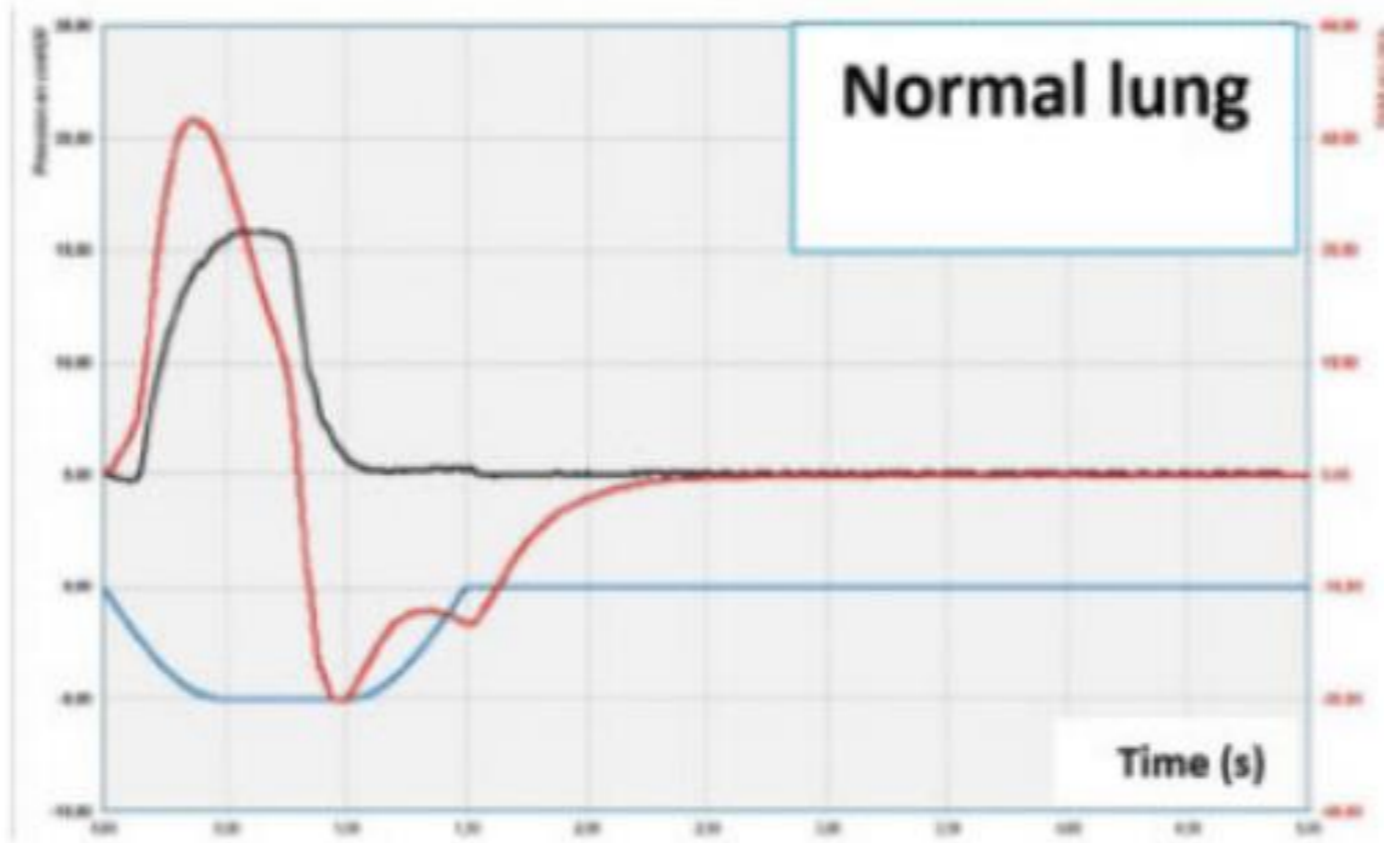
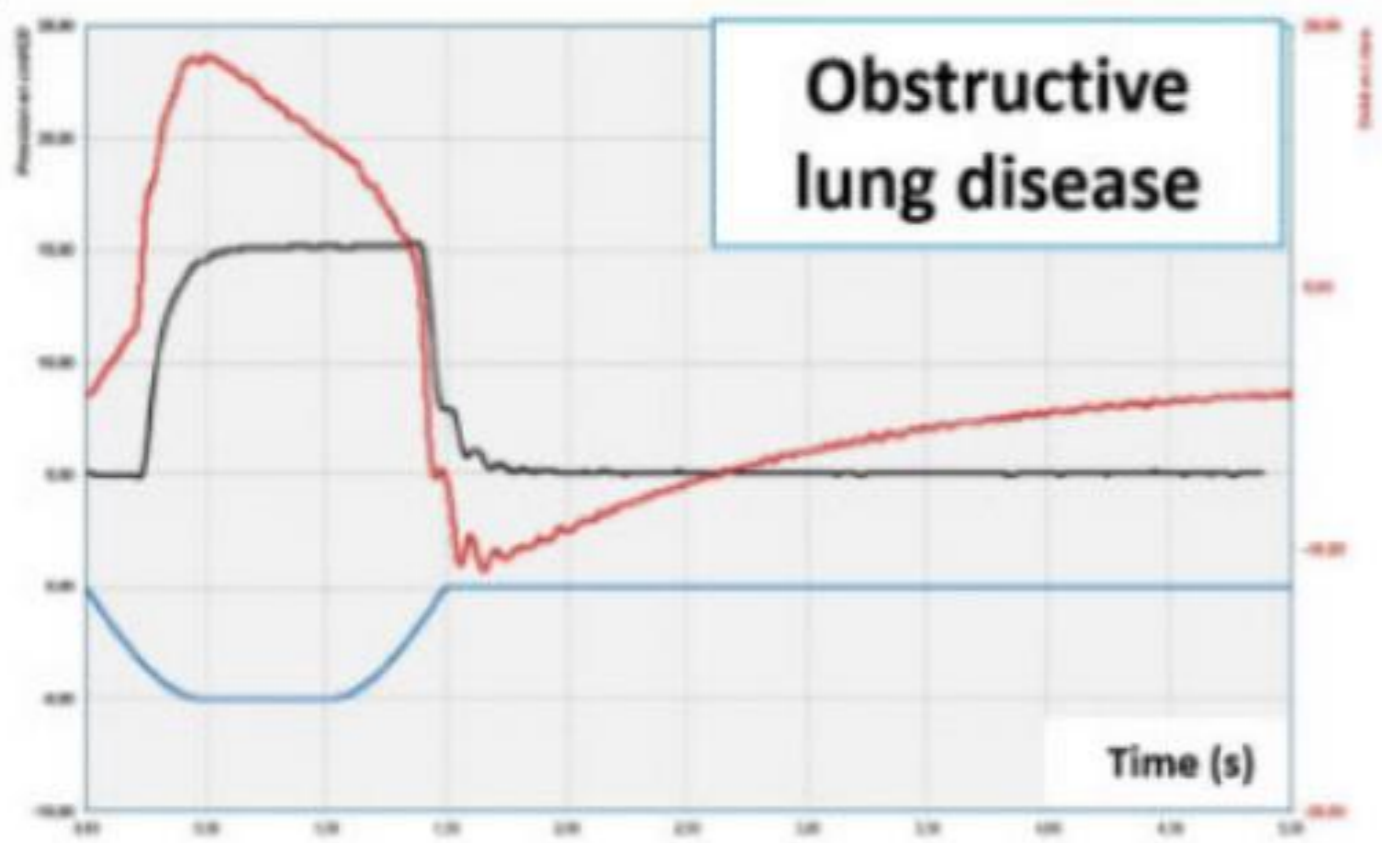
The longer the fall time, the longer the ventilator will take to reach EPAP.





(d)

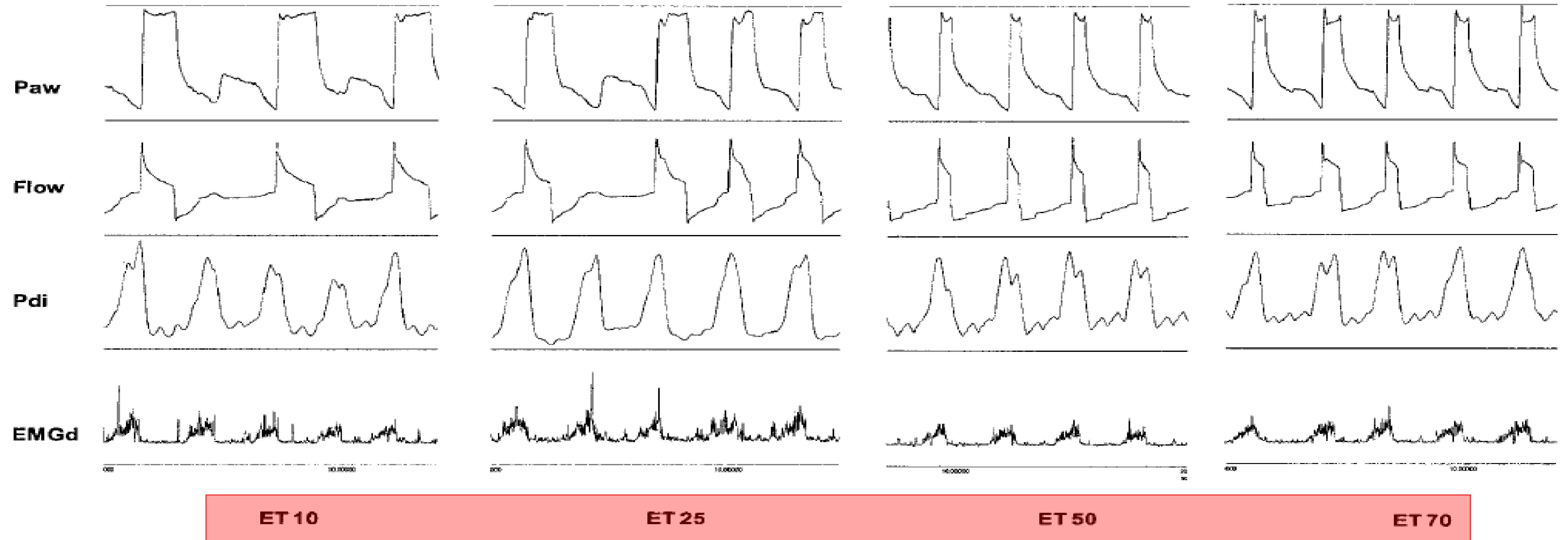
Expiratory trigger setting: 40%



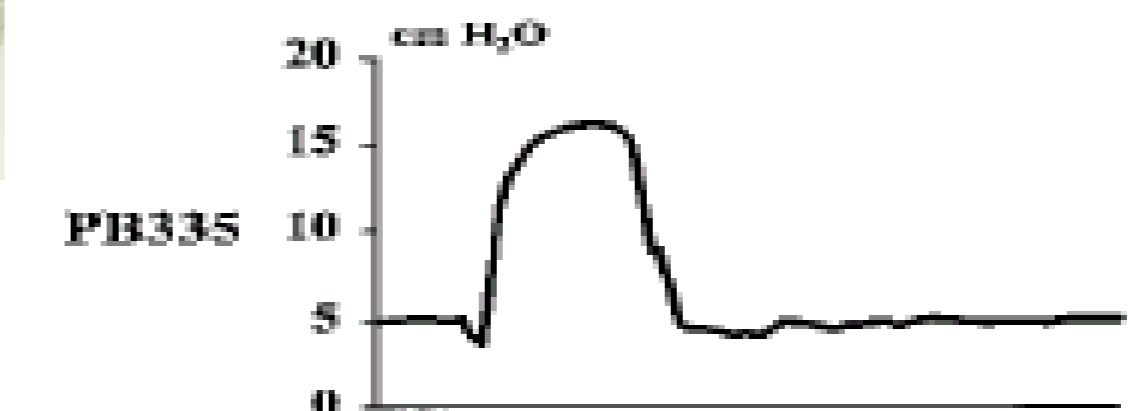
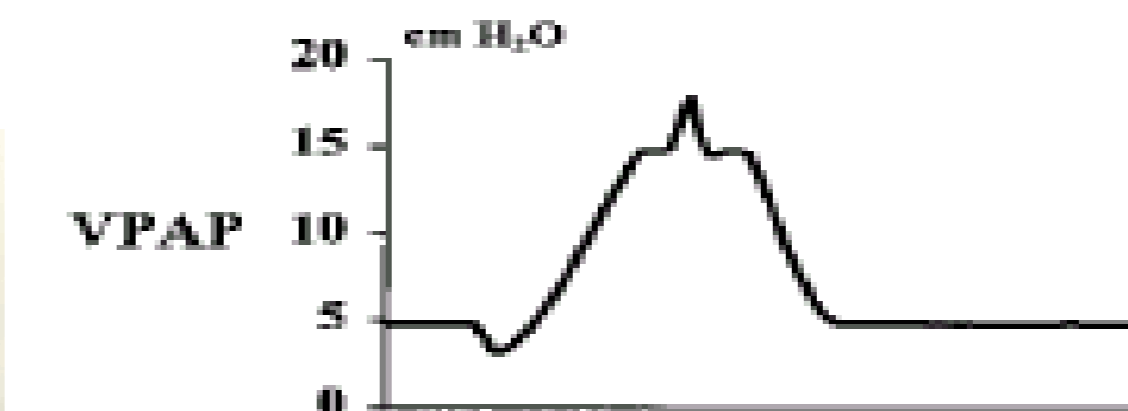
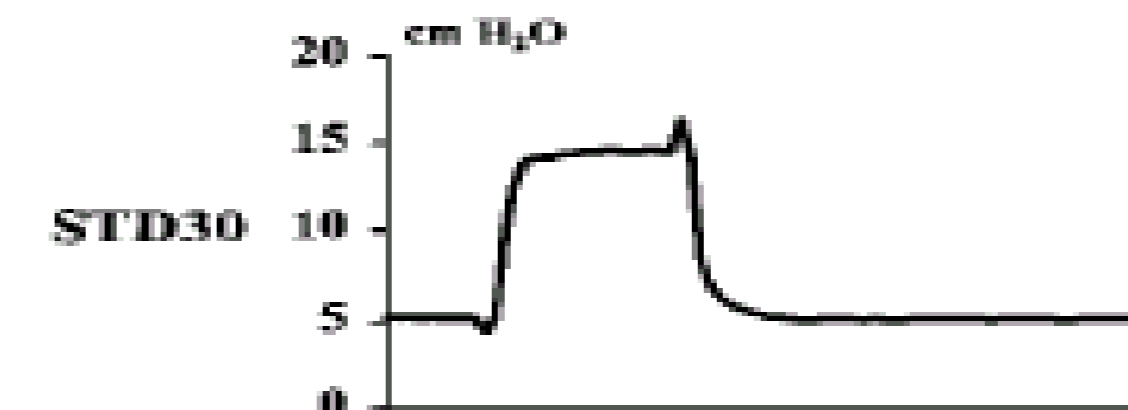
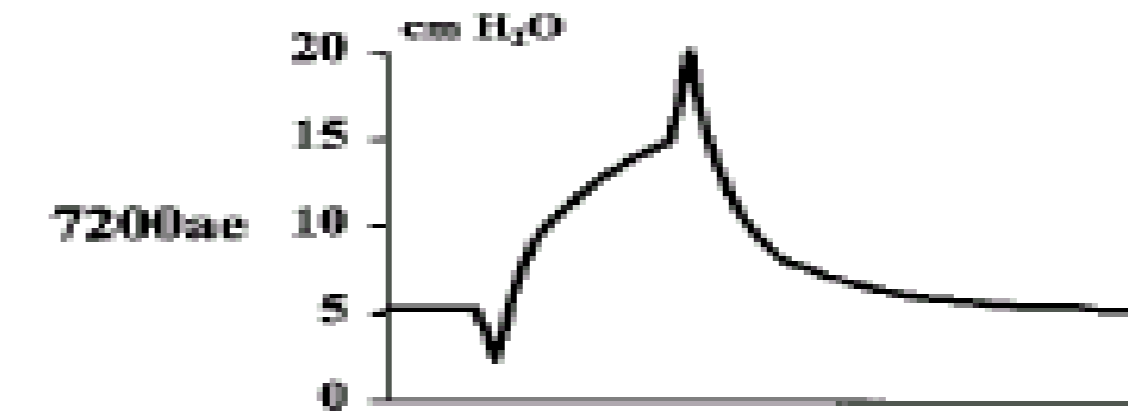
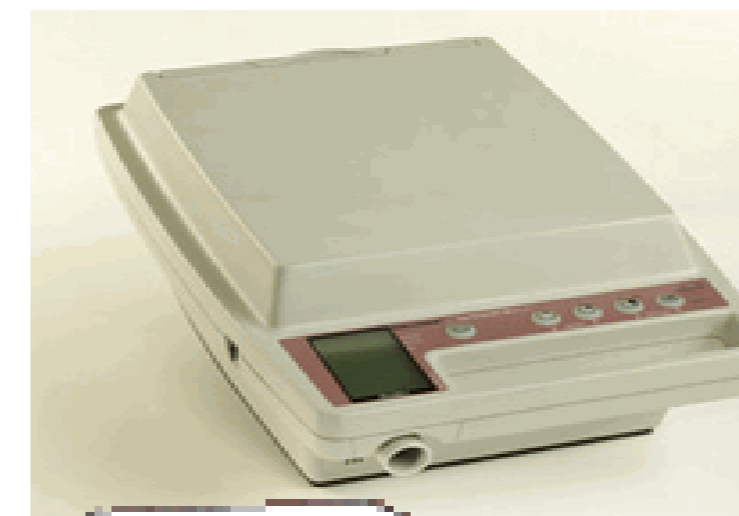
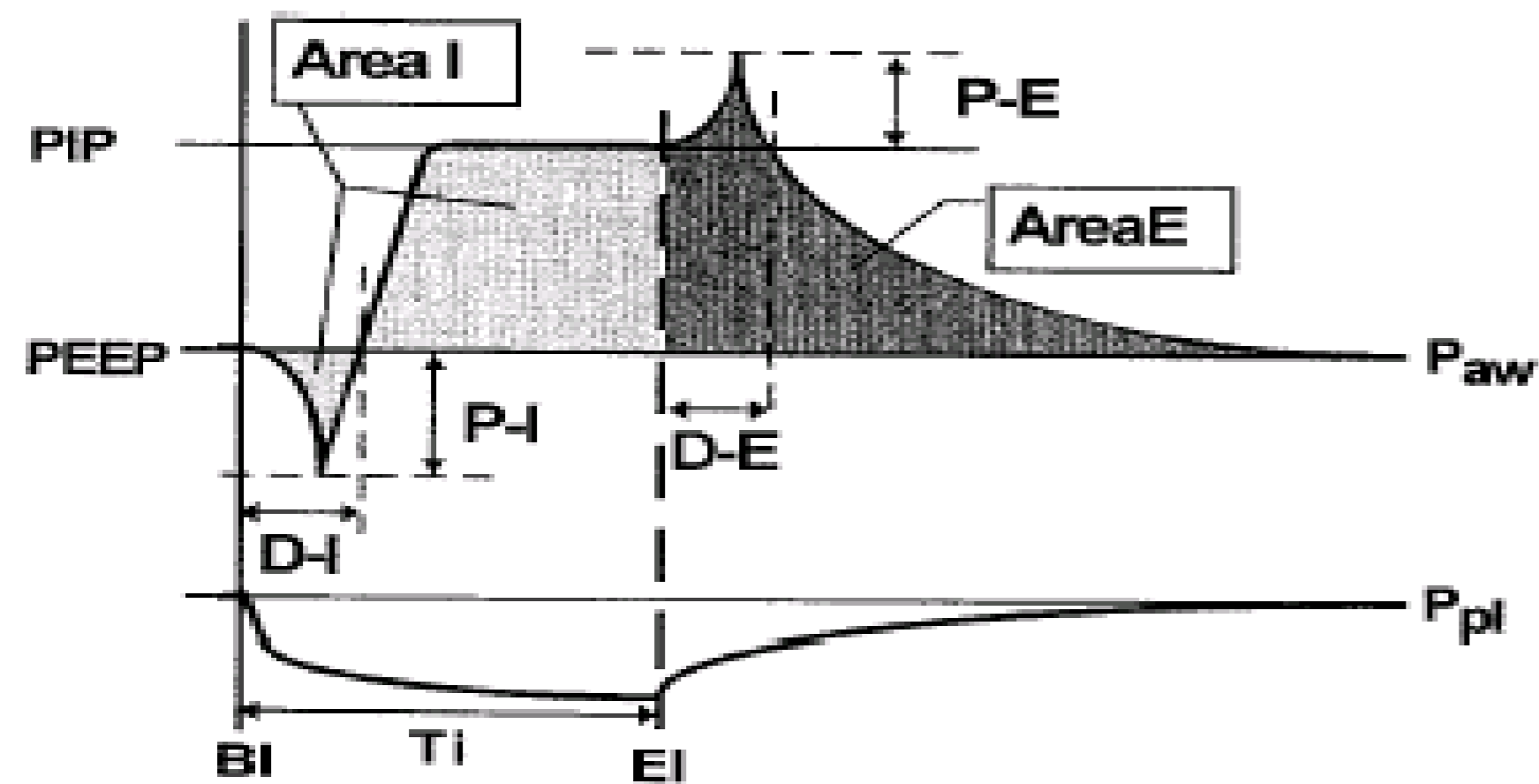
— Pressure — Flow — Effort

# Impact of Expiratory Trigger Setting on Delayed Cycling and Inspiratory Muscle Workload

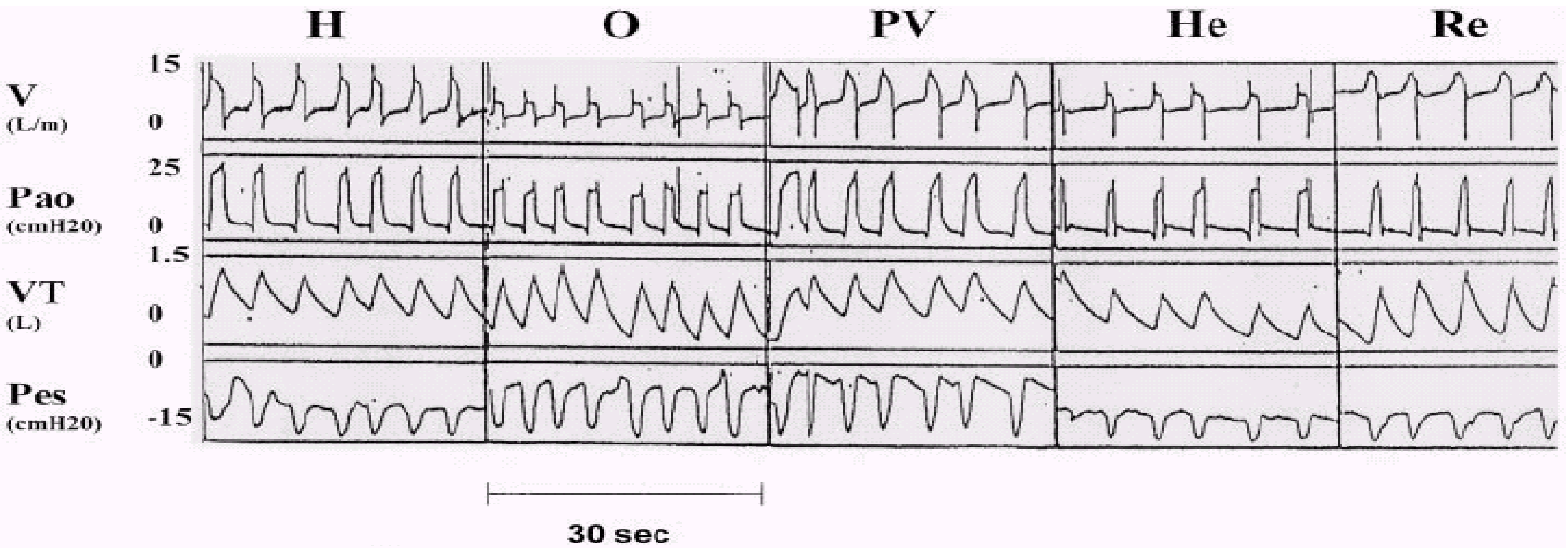
Didier Tassaux,



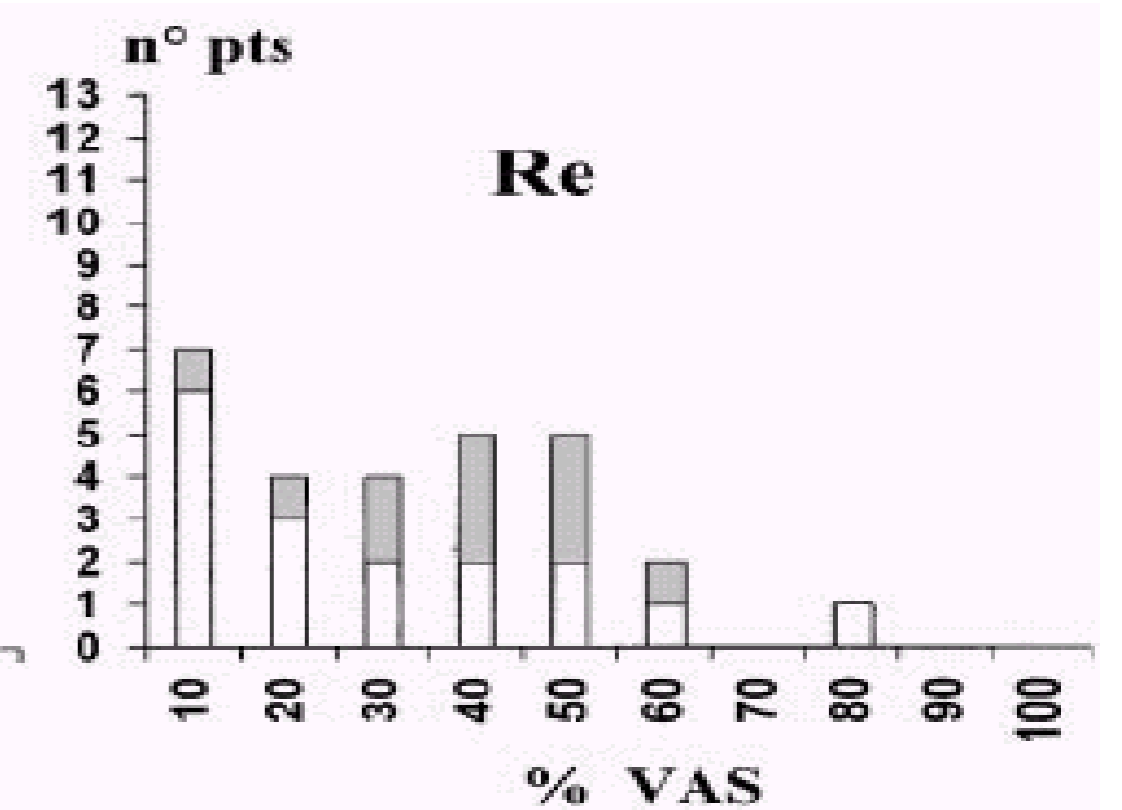
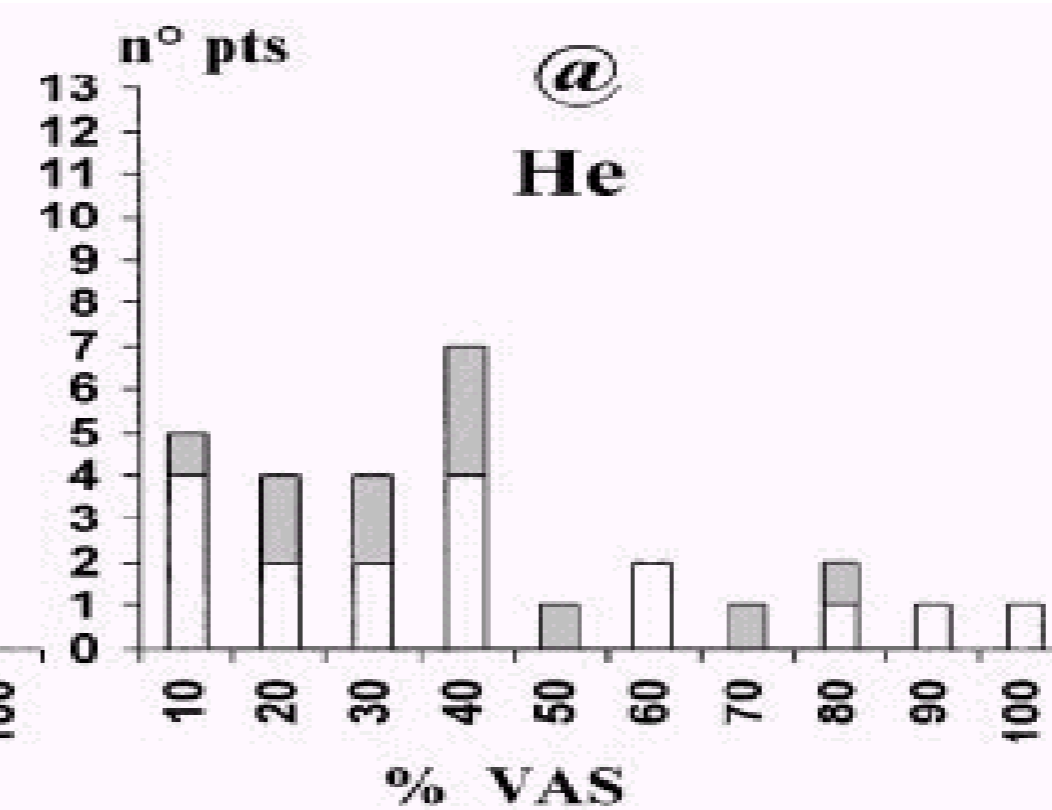
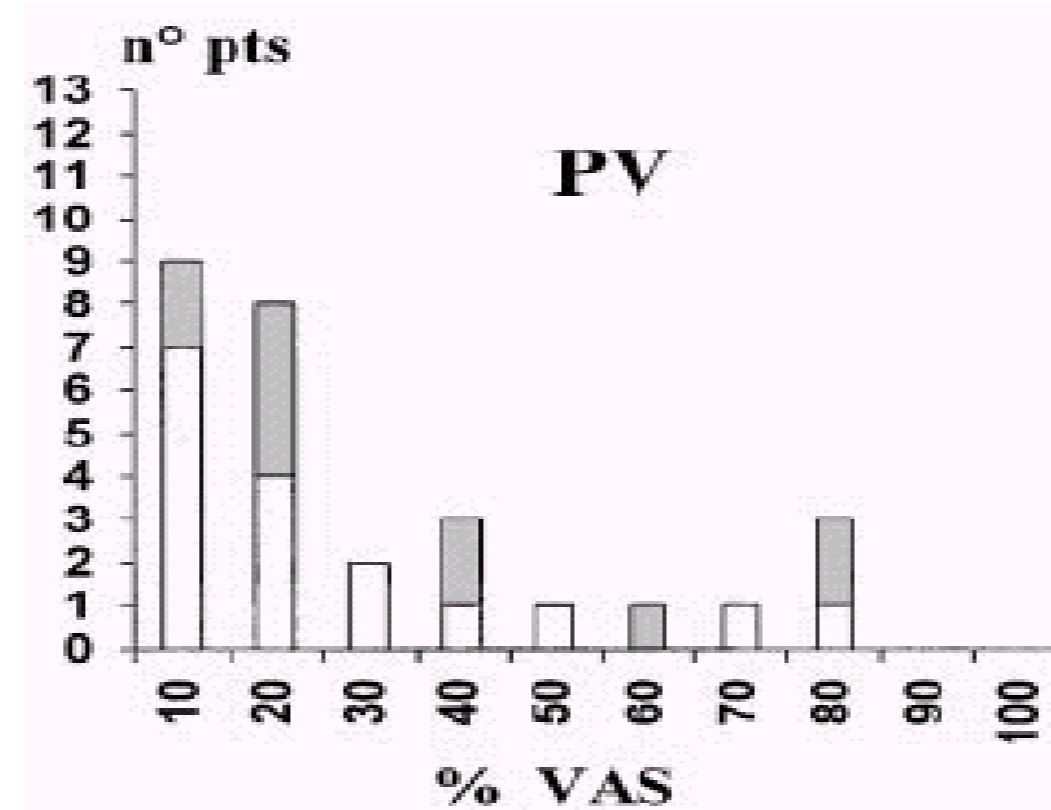
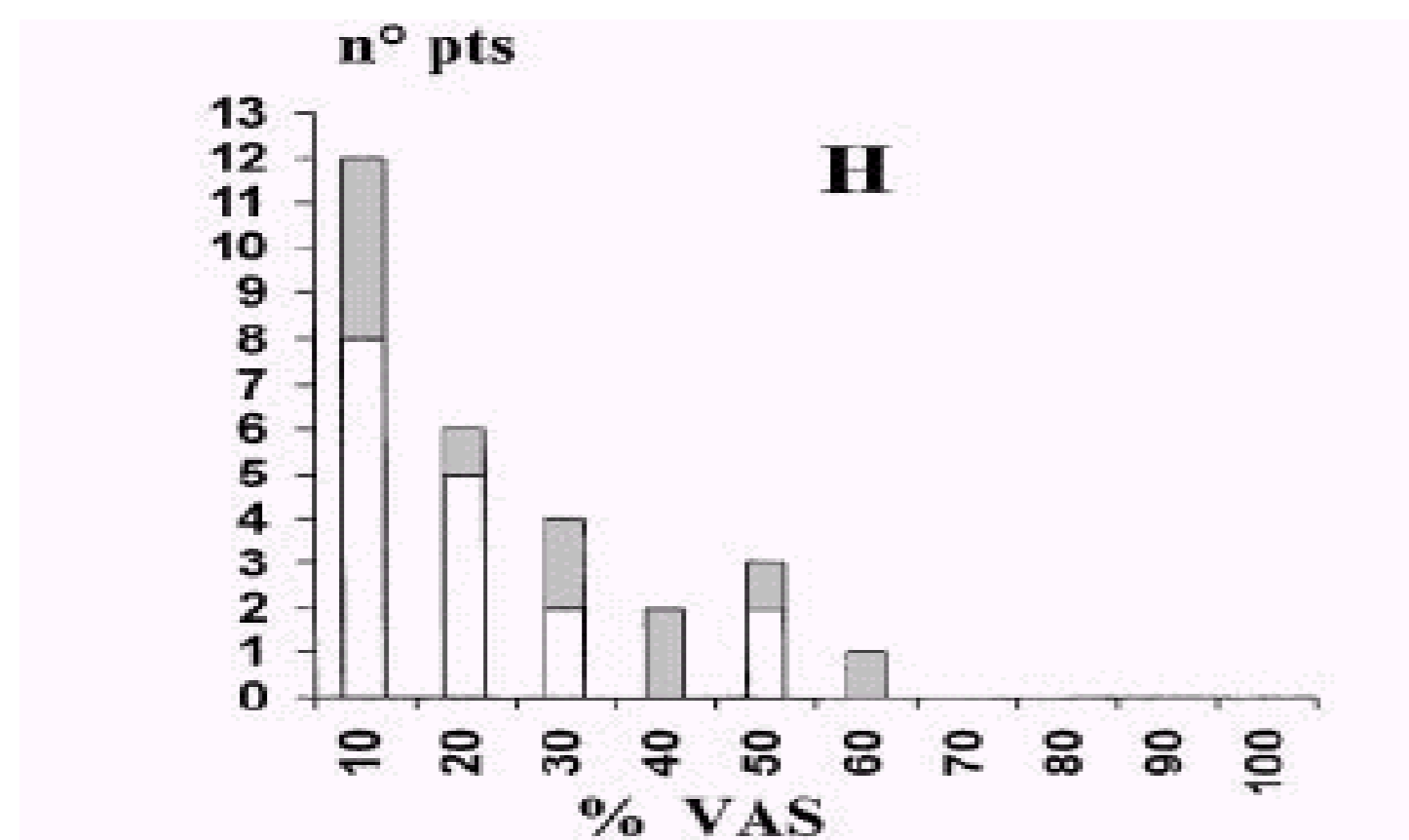
# Performance Characteristics of Bilevel Pressure Ventilators (Bench study)



# Comparison of 5 Bilevel Pressure Ventilators in patients with CRF



# Comfort level (VAS) with Bilevel Pressure Ventilators



VAS

$18 \pm 16$	$26 \pm 24$	$37 \pm 25$	$29 \pm 20$
-------------	-------------	-------------	-------------

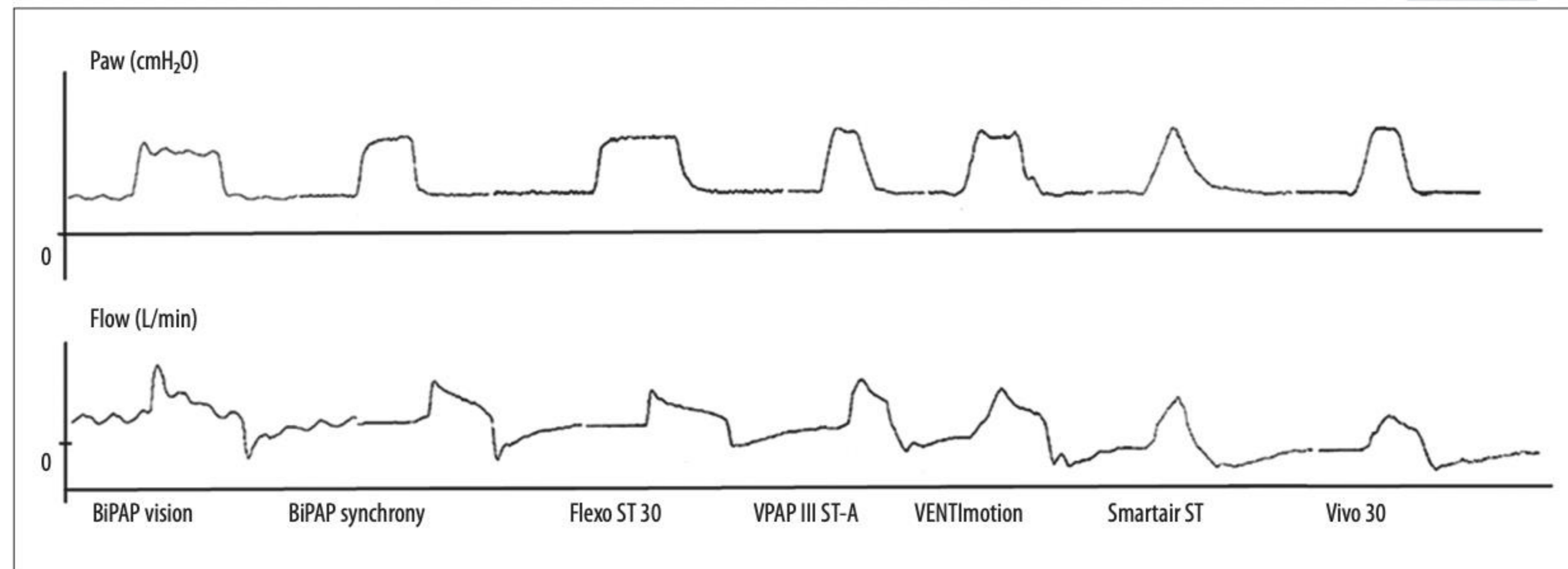
Received: 2014.07.25  
Accepted: 2014.09.02  
Published: 2015.01.26

## Performance Characteristics of Seven Bilevel Mechanical Ventilators in Pressure-Support Mode with Different Cycling Criteria: A Comparative Bench Study

Authors' Contribution:  
Study Design A  
Data Collection B  
Statistical Analysis C  
Data Interpretation D  
Manuscript Preparation E  
Literature Search F

ABCDEFG 1 **Yuqing Chen**  
CDF 2 **Kewen Cheng**  
CD 1 **Xin Zhou**

1 Department of Respiratory Medicine, Shanghai First People's Hospital, Shanghai Jiao Tong University, Shanghai, China  
2 Department of Respiratory Medicine, Huashan Hospital Baoshan Branch, Fudan University, Shanghai, China



**Figure 5.** Pressure-time and flow-time curves for the 7 bilevel ventilators, tested at a pressure support level of 15 cmH<sub>2</sub>O and a PEEP level of 5 cmH<sub>2</sub>O.

**VISION and VENTImotion ventilators showed better trigger synchrony**

# Reliability of Tidal Volume in Average Volume Assured Pressure Support Mode

André Stagnara, Loredana Baboi PhD, Pascale Nesme MD, Fabien Subtil MD PhD,  
Bruno Louis PhD, and Claude Guérin MD PhD

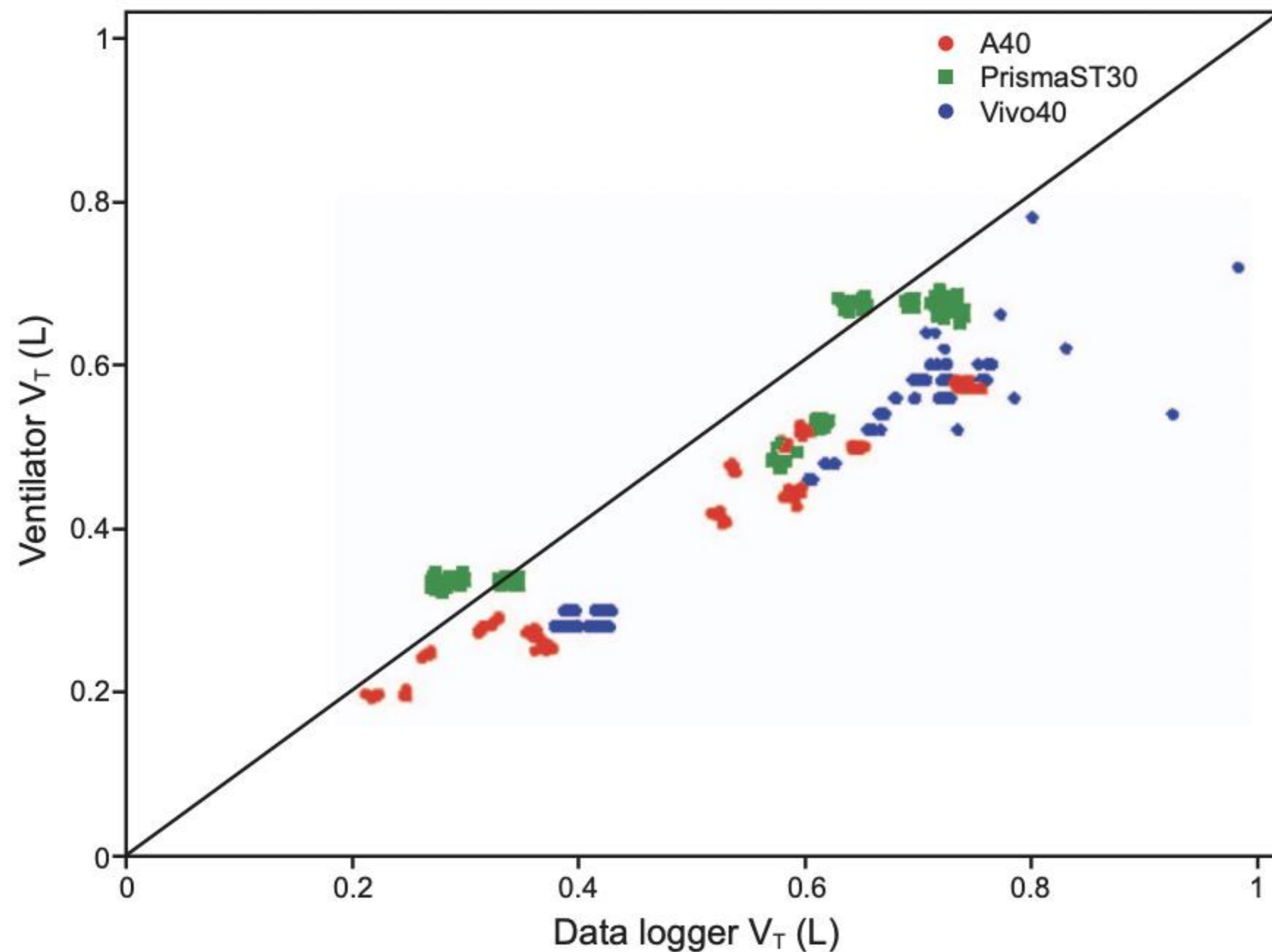


Table 2. Coefficients of Error (95% CI) in Every Condition Tested in Each Ventilator

Combination	A40*	PrismaST30*	Vivo40*
NIL + model 1 PEEP 5 cm H <sub>2</sub> O	-33.0 (-34.6 to -31.4)	-3.3 (-8.4 to 1.7)	-35.3 (-37.7 to -33.2)
NIL + model 2 PEEP 5 cm H <sub>2</sub> O	-29.5 (-31.1 to -27.9)		
NIL + model 1 PEEP 10 cm H <sub>2</sub> O	-30.9 (-32.5 to -29.3)	5.2 (2.7-7.8)	
NIL + model 2 PEEP 10 cm H <sub>2</sub> O	-26.6 (-28.2 to -24.9)		
NIL - model 1 PEEP 5 cm H <sub>2</sub> O	-9.22 (-10.8 to -7.6)	-3.3 (-8.4 to 1.7)	-27.7 (-29.8 to -25.7)
NIL - model 2 PEEP 5 cm H <sub>2</sub> O	-13.2 (-14.8 to -11.6)		
NIL - model 1 PEEP 10 cm H <sub>2</sub> O	-17.5 (-19.1 to -15.9)	5.2 (2.7-7.8)	
NIL - model 2 PEEP 10 cm H <sub>2</sub> O	-9.9 (-11.6 to -8.3)		

Values are percentages.  
\*  $P < .001$  vs 0.  
NIL = nonintentional leak

# Effect of manufacturer-inserted mask leaks on ventilator performance

B. Louis<sup>\*,#</sup>, K. Leroux<sup>†</sup>, D. Isabey<sup>\*,#</sup>, B. Fauroux<sup>+,§</sup> and F. Lofaso<sup>\*,f</sup>

**TABLE 4** Performance of the ventilators with the mask having the largest leak (ResMed Ultra Mirage Full Face Medium; ResMed, Saint Priest, France) while the ventilator settings remained those adapted with the recommended masks

Conditions			Measured parameters						
Ventilator	Patient profile	PS cmH <sub>2</sub> O	IPAP %	Δt %	Δ %	Vt %	Rebreathing % of VT	PP %	
VPAP III STA UM Clq	Restrictive disease	10	AT	AT	AT	AT	AT	AT	
		15	AT	AT	AT	AT	AT	AT	
		20	AT	AT	AT	AT	AT	AT	
	Obstructive disease	10	99±0.2	49±9	91±4	92±3	0±0 <sup>e</sup>	22±8	
		15	99±0.2	45±7	83±3	85±3	0±0 <sup>e</sup>	23±3	
		20	AT	AT	AT	AT	AT	AT	
	Synchrony 2	Restrictive disease	10	97±0.2	100±6 <sup>e</sup>	81±5	83±4	0±0 <sup>e</sup>	2±2
			15	99±0.2	97±4	91±1	92±1	0±0 <sup>e</sup>	0±1
			20	99±0.4	95±4	89±1	90±1	0±0 <sup>e</sup>	1±1
Obstructive disease		10	99±0.2	88±2	97±4	97±3	0±0 <sup>e</sup>	6±0	
		15	100±0.4	96±12 <sup>e</sup>	101±13 <sup>e</sup>	100±12 <sup>e</sup>	0±0 <sup>e</sup>	2±5	
		20	99±0.5	108±23 <sup>e</sup>	102±0	102±3	0±0 <sup>e</sup>	-4±11	
Vivo 40		Restrictive disease	10	100±0.3	103±2	100±0 <sup>e</sup>	100±0	0±0 <sup>e</sup>	-2±1
			15	100±0.3 <sup>e</sup>	103±11 <sup>e</sup>	100±1	100±0	0±0 <sup>e</sup>	-2±1
			20	100±0.3	103±18 <sup>e</sup>	100±1	100±0	0±0 <sup>e</sup>	-2±1
	Obstructive disease	10	108±0.6	113±29	112±3	112±3	0±0 <sup>e</sup>	-1±1	
		15	106±0.7	144±42	105±6	112±3	0±0 <sup>e</sup>	-4±1	
		20	106±0.8	79±17	96±2	103±2	0±0 <sup>e</sup>	3±3	
Restrictive disease	10	98±0.6	81±13	100±1	100±0	0±0 <sup>e</sup>	2±3		
	15	AT	AT	AT	AT	AT	AT		
		20	AT	AT	AT	AT	AT		

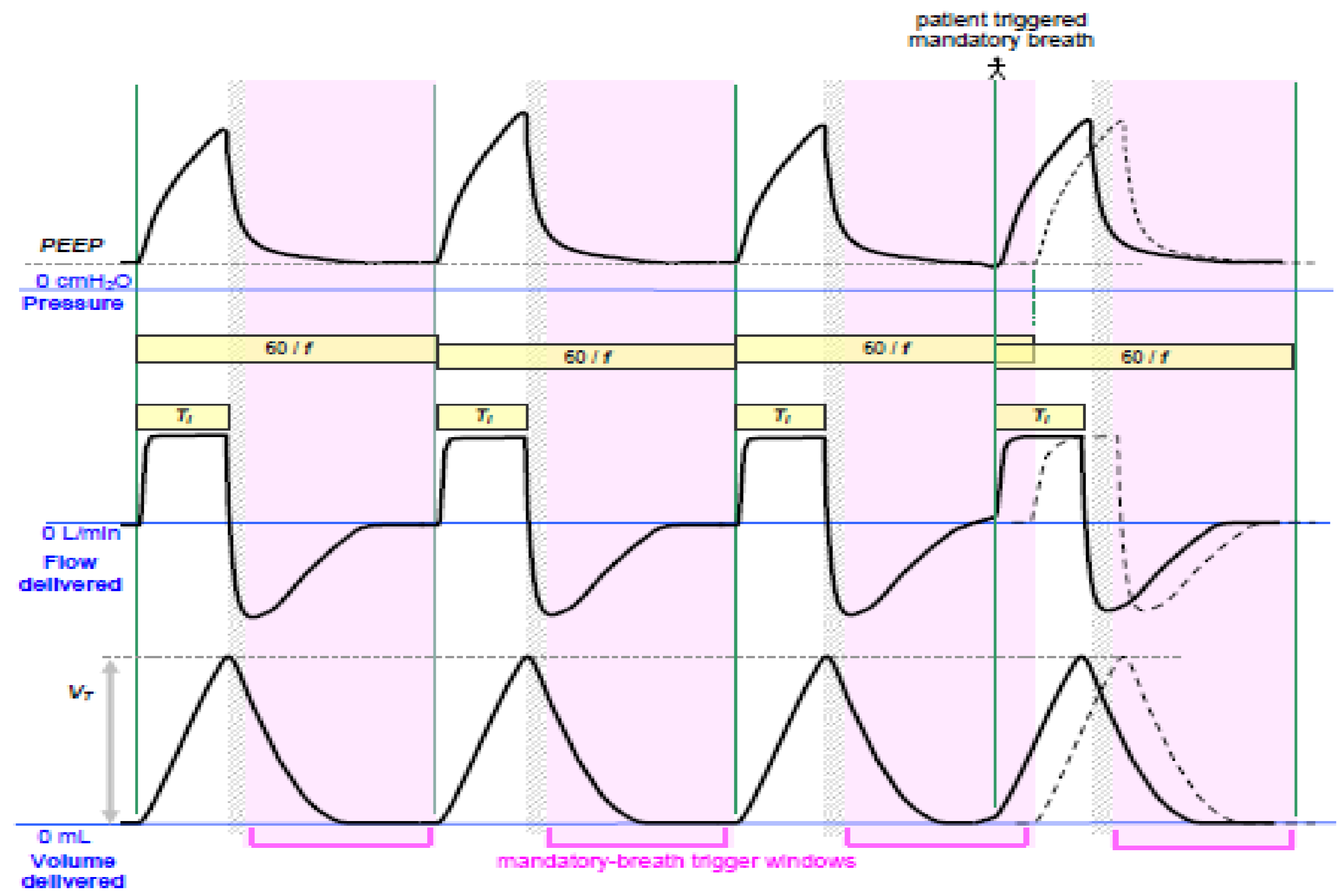
**Do not Forget the Mask**

# Assist control (volume ventilation)

(A)CV

The screenshot displays a ventilator control interface for Assist Control Volume (ACV) ventilation. The interface is organized into several sections:

- Top Bar:** Includes a lock icon, patient icon, "PL ACV" label, a yellow "Standby" status indicator, a battery level indicator, and a hand icon.
- Left Panel:** A vertical menu with options: "Programs", "Setup Assistant", "Circuit", "Settings" (highlighted in blue), "Data transfer", and "Device config.". To the left of this menu is a vertical scale for "cm H2O" ranging from 0 to 60.
- Main Settings Area:**
  - Ventilation mode:** "ACV" with a right arrow.
  - Ratio:** "I:E - 1:3.0" and "PIF - 30 L/min".
  - Vt:** 500 mL.
  - PEEP:** 4.0 cm H2O.
  - Resp. rate:** 15 per min.
  - Ti:** 1.00 sec.
  - Flow shape:** 100% with a square wave icon.
  - Trigger:** Medium with a step wave icon.
- Right Panel:** A vertical stack of icons: a lung icon, a checkmark icon, a bell icon, and an information icon.
- Bottom Bar:** Displays "Vti mL", "MVi L/min", "Resp. rate per min", a green diamond icon, "Start vent.", "Ti sec", "% Spont. Trig.", and "I:E".

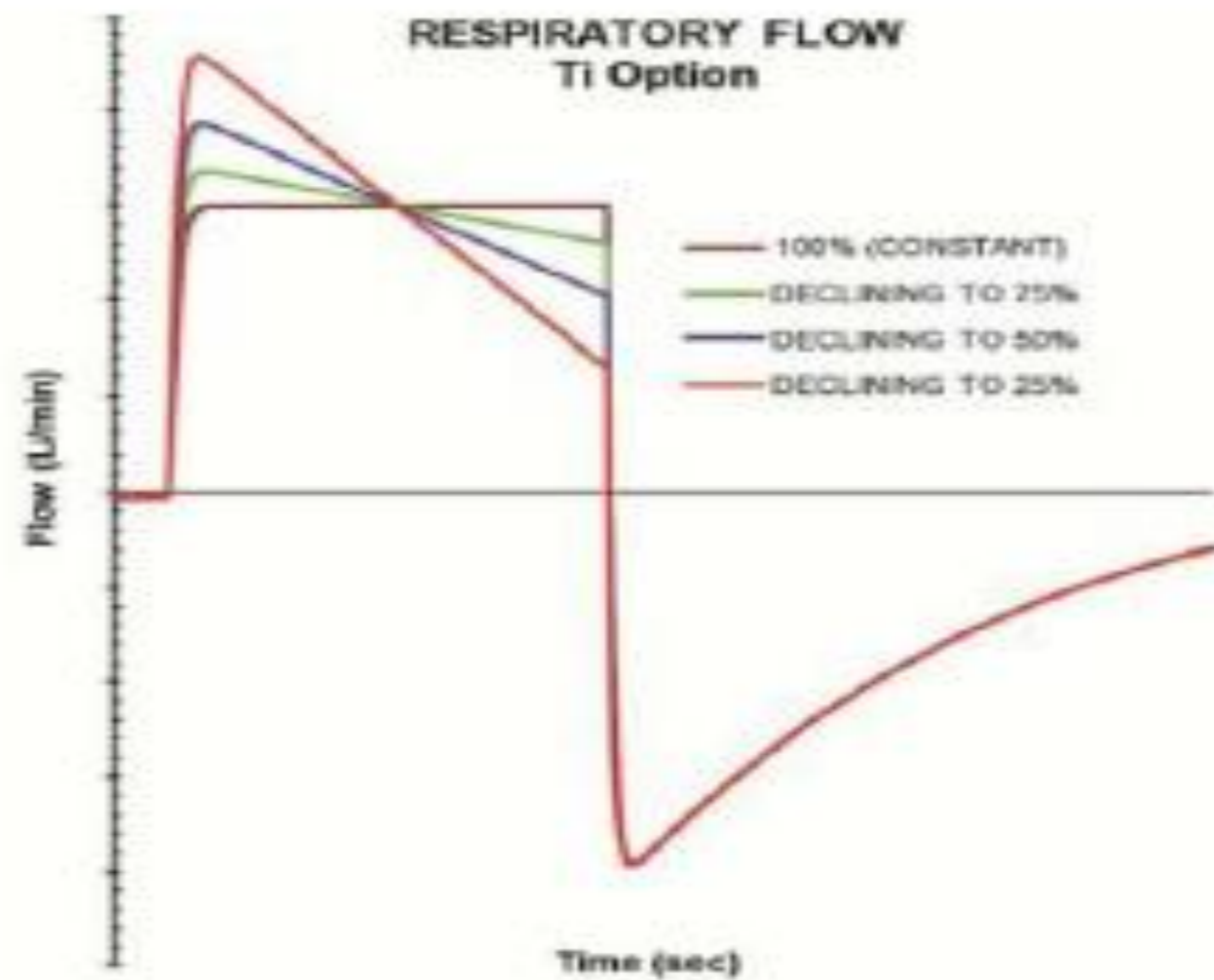
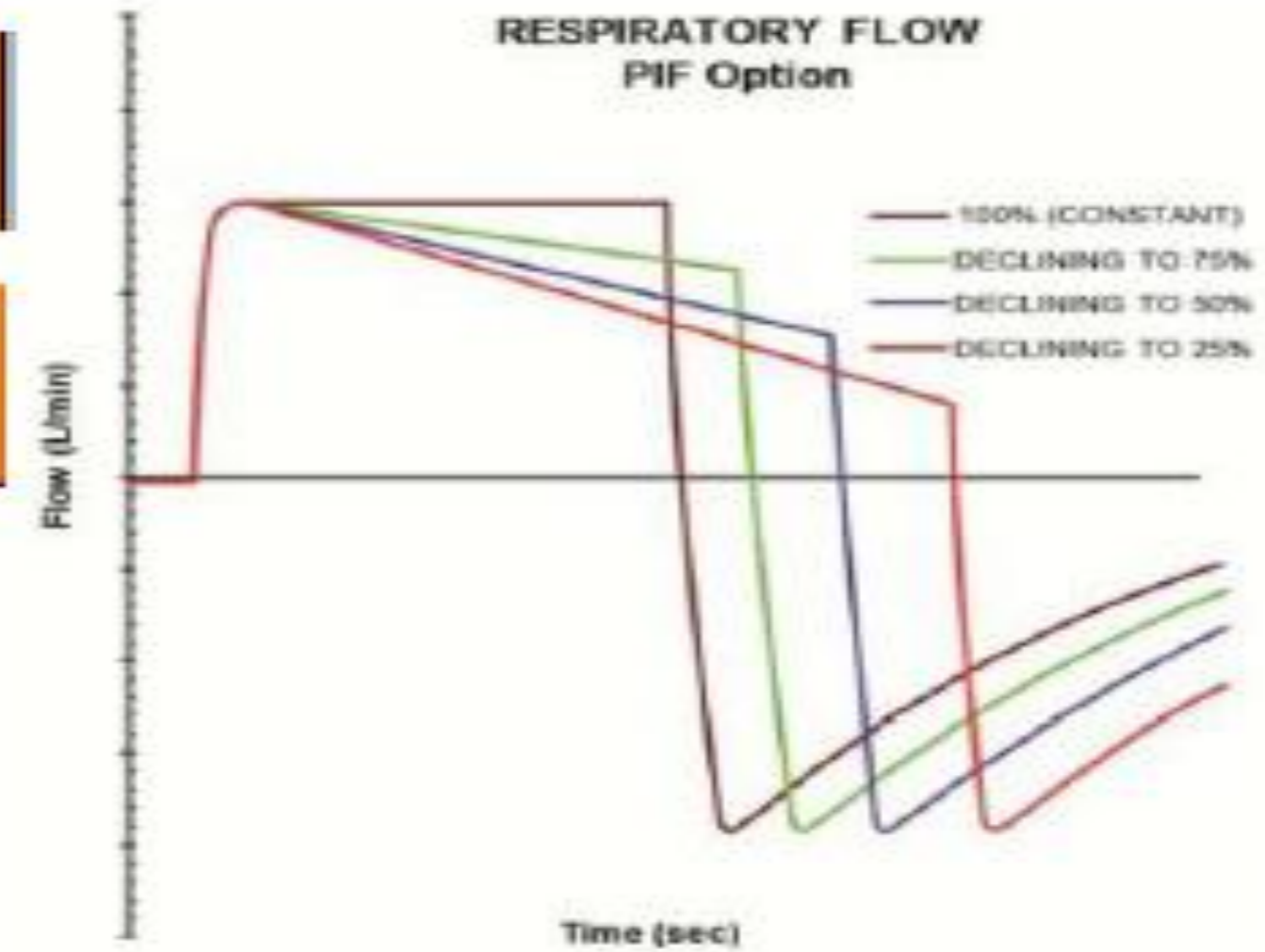


# > Flow shape - Ti and PIF

“Volume Breath Option” set to Ti



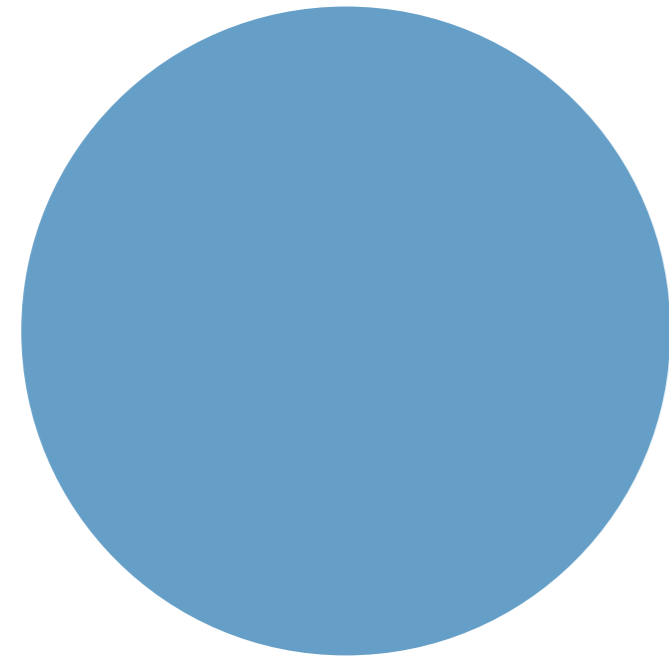
“Volume Breath Option” set to PIF



Dual control modes

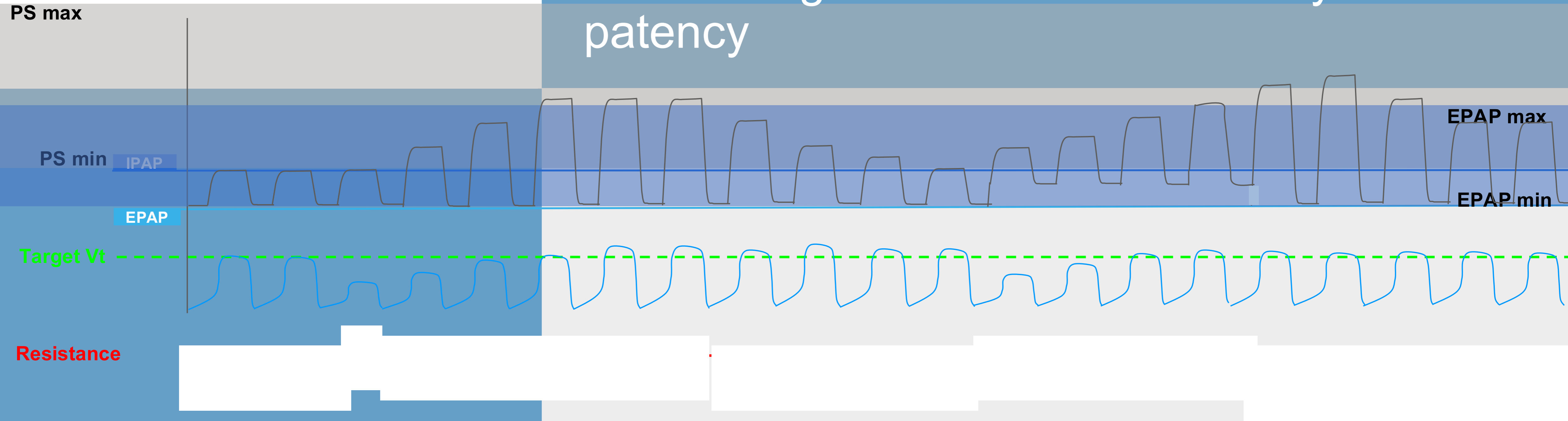
# Devices including dual control modes

	Brands
Target volume with variable pressure support	AVAPS™ (A40™, Trilogy 100™ and 200™ Philips) Target volume pressure support (Vivo™ 50 and 60, Breas; Ventilologic™, Weinmann, Monnal T50™, ALMS; Elysee™ 150, 250, 350, Resmed)
Target volume with both variable pressure support and back-up respiratory rate	IVAPS™ (VPAP S9™, Stellar™ 100 and 150, Lumis™ Astral™, Resmed)
Target volume with variable pressure support, back-up respiratory rate and autoadjusted EPAP	Avaps AE™ (A40™, Trilogy™ 100 and 200 Philips)



# AVAPS-AE

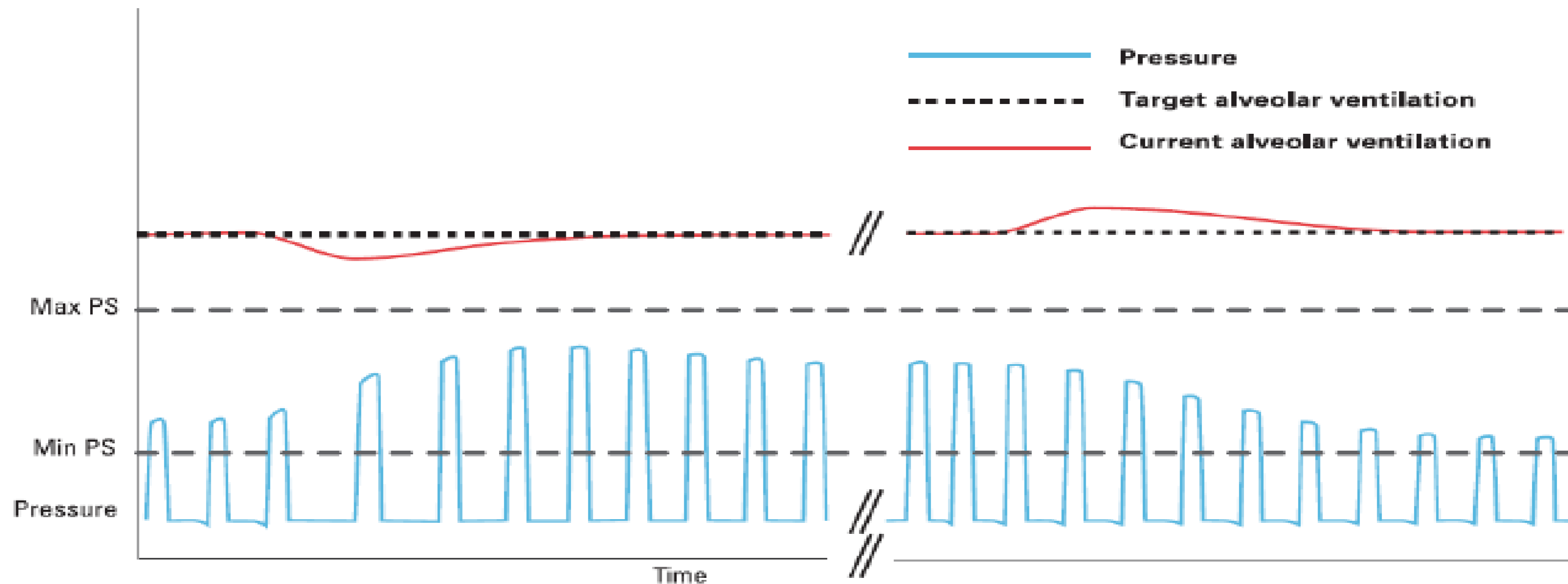
Maintaining tidal volume and airway patency





# iVAPS (intelligent Volume Assured Pressure Support) mode

- Intelligent. Automatic. Alveolar.
- iVAPS is designed to maintain a preset target alveolar minute ventilation by monitoring delivered ventilation, adjusting the pressure support and providing an intelligent backup breath automatically.



## Putative Advantages of dual control modes

- Ability to respond to changes in respiratory mechanics, ensuring relatively constant ventilation throughout the night
- Beneficial in patients unable to tolerate high IPAP levels
- “Simplification” of ventilator adjustments
- Decrease the frequency of NIV adjustments over time in rapidly progressive diseases

# Conclusions

Bench tests and physiologic studies may help to choose ideal ventilator

Pressure-limited ventilators usually preferred

- for patients requiring only nocturnal or partial daytime ventilation

- Performance varies with different devices

Volume-limited ventilators may be preferred

- for patients with little or no spontaneous breathing capability

- for patients with severe neuromuscular weakness

- Performance varies with different devices

Dual control modes

- May be easier to set, are equivalent in efficacy and better compliance?

- Performance varies with different circuits